



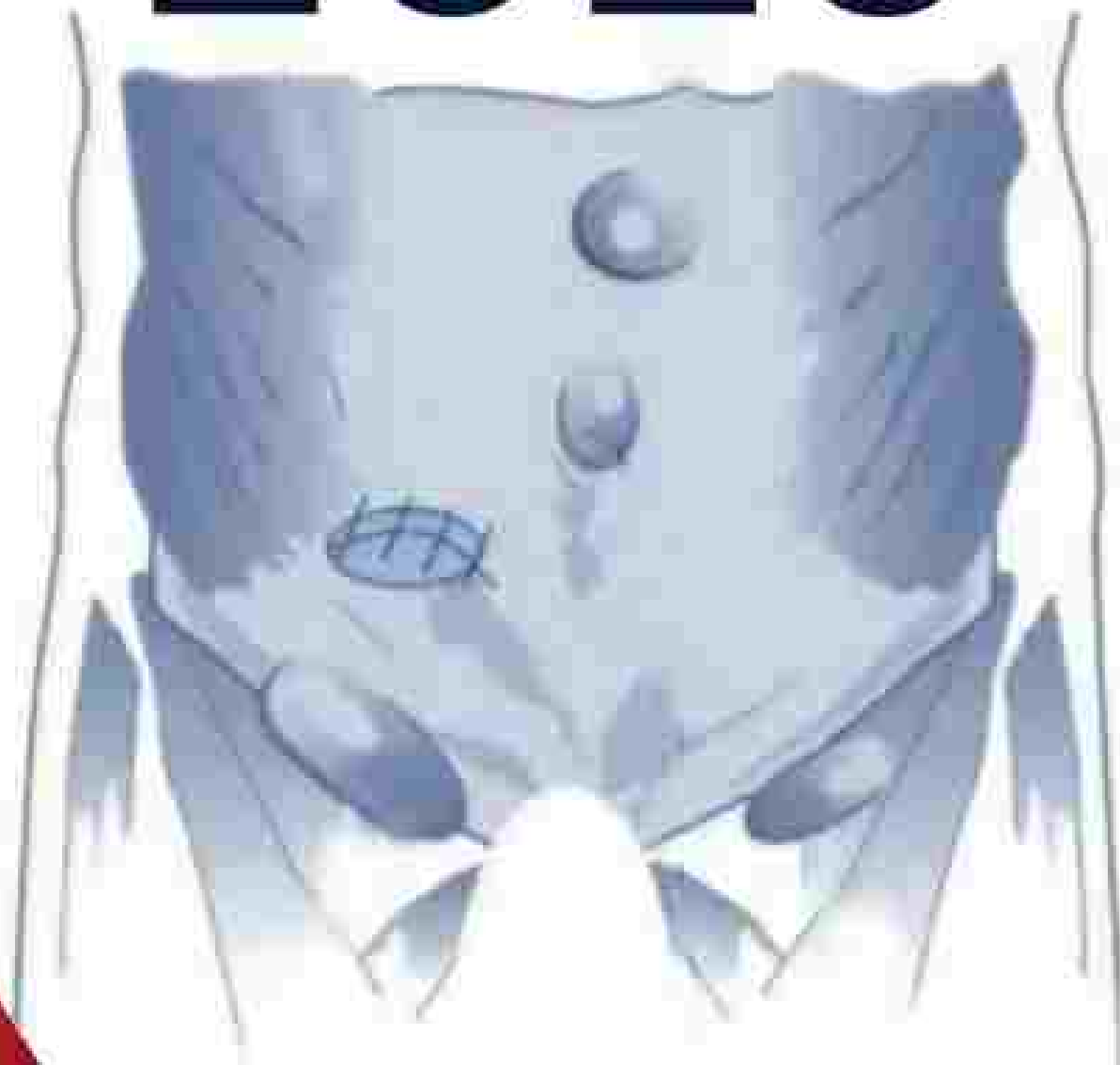
HSI
Hernia Society of India

e newsletter

www.herniasocietyofindia.org

2023

ISSUE



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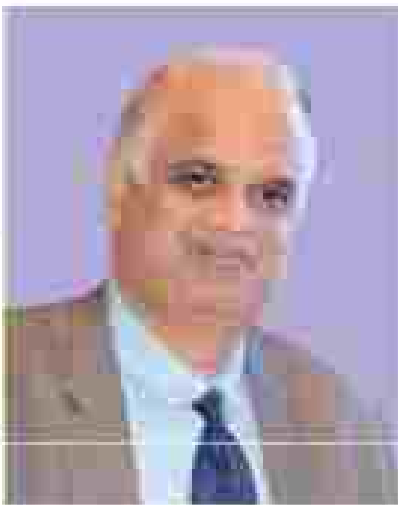


B. Krishna Rao
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From the President's Desk

Dear Fellow HSites,

It is an honour and a privilege for me to take up the mantle as the President of the Hernia Society of India (HSI). I shall strive hard to live up to the expectations of my colleagues who have entrusted me with this responsibility. The hard work of the stalwarts who occupied this position before me - Dr HS Doctor, Dr M E Bhat, Dr Rajesh Khullar, Dr Sandeep Dave and Dr Ramesh Agarwala - has brought the HSI to its present stature. Both Dr Pradeep Chowbey, Founder President of Asia Pacific Hernia Society (APHIS) and Dr Anil Sharma, Past President APHS have been a constant source of guidance to the HSI, for which we are grateful to them. I am looking forward to working alongside Dr Manish Bajaj, Hon. Secretary, Dr Randeep Wadhawan, Hon. Treasurer, Dr Vijay Borgaonkar-President Elect, the Zonal Vice Presidents and all the Executive Committee Members.



Today the HSI has grown to a society of 1000+ members all likeminded surgeons interested in the field of herniology. The scientific activities of HSI have increased multi-fold. Despite the recent challenging times, HSI managed to organise 23 online webinars in the past year and a half. These encompassed various aspects of modern hernia surgery.

In the next two years we hope to focus on three main goals. Firstly, we will continue the regular academic events-web-based in the short term, and hopefully physical meetings, workshops and courses once the cloud of COVID-19 hanging over us lifts. Secondly, we have started the process of extensively revising the educational resources page available on the HSI website (<https://herniasocietyofindia.org/>). These will be in the form of a completely revamped educational resources section on this website. Also lectures from past HSI events are being regularly uploaded to the HSI Youtube channel (<https://www.youtube.com/c/Herniasocietyofindia>) and surgeons continue to post challenging cases, operative videos and technical innovations on our Facebook group page (<https://www.facebook.com/groups/herniasocietyofindia>). Please do join this vibrant online community, if you aren't already a part of it. Finally, we hope to conduct activities that create value for the in-training and younger surgeon colleagues. I urge you all to engage with us in all these forums.

The 15th Annual Conference of the HSI organised by Dr Vijay Borgaonkar and his team at Aurangabad conclude recently. This superbly organised hybrid meeting was attended by 100 on-site and close to 350 online delegates.

You will be able to check and keep track of all the upcoming events at (<https://herniasocietyofindia.org/upcoming-events/>).

I welcome your thoughts, suggestions or critique related to the activities of the HSI and on how the Society can serve its members better. Please feel free to communicate with me at deeprajbhandarkar@gmail.com. With warm personal regards,

Dr Deepraj Bhandarkar

From The Editor's Desk

Greetings from Hernia Society of India

Under the presidency of Dr Dinesh Bhandari, we have witnessed two years of high-level academics. The aim of this newsletter is to share all our activities, events and growth of HSI as an inclusive academic society. Even though all physical / offline activities are back in full swing, HSI continues to thrive with its online academic presence to benefit the surgical fraternity at large. Inclusion of young surgeons, exploring their talent and providing them a platform to share their work has been a major aim of thrust.

HSI Facebook page has a membership of more than 4000 surgeons which continues to buzz with a lot of activities and information sharing. Most of the scientific activities both offline and online are also available in the rich HSI YouTube library.

As we continue to grow its membership strength, I take this opportunity to welcome all new members and invite one and all to be a part of this enriching journey.

Dr Manish Bajaj
Hony. Secretary - HSI

Senior Director
Max Institute of Laparoscopic, Endoscopic & Bariatric Surgery
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EVENT REPORTS

Activities of Hernia Society of India (HSI) from September, 2021 – August, 2023

The Society conducted the following activities:

On site conferences / courses

- Annual Conference of HSI in Aurangabad - November 12th-13th, 2021
Organiser: Dr Vijay Borgaonkar
- Basic Laparoscopic Hernia Surgery Cadaveric Course in Sri Raghendra Medical College, Chennai - March 12th, 2022
Organisers: Prof K Balaji Singh and Prof Navien Alexander
- Young HSICON 2022 in Kolkata - April 1st - 2nd, 2022
Organisers: Dr Sarfaraz Balgi, Dr Pallawi Priya
- Annual Conference of HSI in Jaipur - September 1st-3rd, 2022
Organisers: Dr Jitendra Chauhan and Dr Rajesh Sharma
- Advanced certified cadaveric hernia workshop in M S Ramiah Medical College, Bangalore - December 17th, 2022
Course convener: Dr Manish Bajaj
- Hernia conclave at Life Medicity Hospital, Jabalpur - April 29th - 30th, 2022
Organiser: Dr Yash Shrivastava
- Young HSICON 2023 in Ahmedabad - June 1st - 3rd, 2023
Organiser: Dr Vishal Soni

On site events endorsed by HSI

- Hernia Training Program at Bhandari Hospital, Jabalpur on December 19th, 2021
Organiser: Dr Ashutosh Soni
- CME & Live Operative Endo Hernia Workshop at Manipal Hospital, New Delhi on February 24th, 2022
Organiser: Dr Randeep Wadhawan
- Laparoscopic Hernia Surgery Training Course held at Fortis Hospital, Bangalore on March 10th-11th, 2022
Organisers: Dr Ganesh Shenoy and Dr B Ramesh
- Live laparoscopic hernia training program at Sri Ganga Ram Hospital, New Delhi on April 18th, 2022
Organiser: Dr Tarun Mittal
- Hernia CME and Live Workshop at Chandan Hospital, Lucknow on March 11th, 2022
Organiser: Dr Alankar Gupta
- Laparoscopic Hernia Surgery Training Course held at Fortis Hospital, Bangalore on April 29th- May 1st, 2022
Organisers: Dr Ganesh Shenoy and Dr B Ramesh
- Live Workshop on Hernia Repair at BIG Apollo Hospital, Patna on June 18th, 2022
Organiser: Dr Vijay Mittal
- Hernia Symposium held at Atal Bihari Vajpayee Medical College, Vidisha on July 9th and 10th, 2022
Organisers: Dr D Paranjhams, Dr Ashutosh Soni, Dr Ishant Chaurasia
- HerniaCon 2022 held at Vadodara on July 14th and 17th, 2022
Organisers: Dr Samir Contractor and Dr Kalpesh Jari

- Laparoscopic Hernia Surgery Training Course held at Fortis Hospital, Bangalore on July 22nd -23rd, 2022
Organiser: Dr Ganesh Shenoy and Dr B Ramesh
- Groin Hernia Masterclass held at M N Cooper Hospital, Mumbai on August 6th, 2022
Organiser: Dr Erbaz Mohini
- Live CME and Workshop on EndoHernia Surgery at Manipal Hospital, New Delhi on August 9th and 10th, 2022
Organiser: Dr Randeep Wadhawan
- Live laparoscopic hernia training program at Sir Ganga Ram Hospital, New Delhi on August 22nd, 2022
Organiser: Dr Tarun Mittal
- Masterclass in inguinal hernia surgery at Bengaluru on August 27th, 2022
Organiser: Dr M Ramesh
- Hernia conclave at Indore on September 3rd - 4th 2022
Organiser: Dr Ishant Chaurasia
- Understanding extraperitoneal space - some tips and tricks held at Fortis Hospital, Bangalore on January 20th - 21st, 2023
Organiser: Dr Ganesh Shenoy and Dr B Ramesh
- Live laparoscopic hernia training program, Sir Ganga Ram Hospital, Delhi on February 10th, 2023
Organiser: Dr Tarun Mittal
- Live hernia CME & workshop at IGIMS, Patna on March 18th, 2023
Organiser: Dr Vijay Mittal & Dr Sanjay Kumar
- Live laparoscopic hernia training program, Sir Ganga Ram Hospital, Delhi on May 20th, 2023
Organiser: Dr Tarun Mittal
- Hernia 360 - live surgery workshop at Apollo Clinic and Gupta Hospital, Indore on June 11th, 2023
Organiser: Dr Ashutosh Soni
- All about hernia - TAPP to preservation of the sac held at Fortis Hospital, Bangalore on July 21st-22nd, 2023
Organiser: Dr Ganesh Shenoy and Dr B Ramesh
- Live CME & Workshop on Endo Hernia Surgery at Manipal Hospital, New Delhi on July 21st-22nd, 2023
Organiser: Dr Randeep Wadhawan
- Live CME & Workshop on Robotic Hernia Surgery at Manipal Hospital, New Delhi on August 5th, 2023
Organiser: Dr Randeep Wadhawan

Online events endorsed by HSI

A symposium on mesh explantations on February 13th, 2022

Two types of monthly online events were conducted by HSI.

What's in the case?

Each monthly event included 4 to 5 cases presented by surgeons across the country and a moderated discussion that was streamed live to the HSI Facebook group page (<https://www.facebook.com/groups/herniasocietyofindia>)

- Complicated groin hernias - December 8th, 2021
- Rare hernias - January 1st, 2022
- Subcostal hernias - February 5th, 2022
- Large midline hernias March 5th, 2022

- Near misses – May 7th, 2022
- Loss of domain – June 4th, 2022
- Diaphragmatic hernias in adults – July 2nd, 2022
- Open inguinal hernia repair – August 6th, 2022
- Hernia treatment in the obese – October 1st, 2022
- Internal hernias – November 5th, 2022
- Obstructed ventral hernia – January 7th, 2023
- Rookie mistakes in hernia surgery – February 4th, 2023
- On hiatus – April 1st, 2023
- Tips and tricks of suturing in laparoscopic hernia surgery – May 6th, 2023
- What's with those ports? – July 1st, 2023
- Tales of the telltale sinus – August 5th, 2023

Insights into Innovations

In this monthly series, an international expert delivered an online lecture that was streamed live to the Zoom and Lippuru platforms. All these lectures are available on the HSI YouTube channel at <https://www.youtube.com/K/Herniasocietyofindia>

- From AWEX to Fasciotens by Prof Dietmar Eucker, Switzerland – November 20th, 2021
- Mesh suture for abdominal wall closures by Prof Gregory Dumarian, USA – December 11th, 2021
- Mini-laparoscopy for inguinal hernia by Prof Gustavo Carvalho, Brazil – January 15th, 2022
- Endolaparoscopic treatment for large groin hernia by Dr Sujith Wijerathne, Singapore – February 19th, 2022
- Abdominal closure – small but important bites by Prof Leif Hraelsson and Yucel Cengic, Sweden – March 19th, 2022
- Prevention of incisional hernia – a PRIMA idea by Dr Lucas Timmermans and Matthijs van den Oop, Netherlands – April 16th, 2022
- Synthetic mesh in contaminated field – is it safe? by Dr Alfredo Carbonell, USA – May 21st, 2022
- Latest advances in hernia research – bioactive meshes, tissue engineering and more by Dr Olivier Guillaume, Austria – June 18th, 2022
- Trans-abdominal retromuscular repair (TARM) for ventral hernia by Dr Ashwin Masurkar, India – July 9th, 2022
- Management of skin and soft tissue during abdominal wall reconstruction by Dr Jeffrey Janis, USA – August 28th, 2022
- Prehabilitation before complex ventral hernia surgery by Prof Frederik Bernevoet, Belgium – September 17th, 2022
- Madrid approach to complex midline and lateral incisional hernias by Prof Miguel Angel Garcia Urena, Spain – October 15th, 2022

Technical Tips from the Titans

From November 2022 onwards, further 19 experts delivered monthly lectures on topics of current interest:

- Critical view of the MPO – the ideal hernia repair by Prof Edward Felix, USA - November 19th, 2022
- Peritoneal flap and + TAR (PCST) for complex large hernias by Dr Sarfaraz Baig, India - December 17th, 2022
- LIRA techniques for AWR by Prof Salvador Morales Conde, Spain - January 21st, 2023
- TAPP for ventral hernia – tips and tricks by Dr Anil Sharma, India - February 16th, 2023
- Biomechanics of ventral hernia repair by Prof Friederich Kallinowski, Germany - March 18th 2023
- Artificial intelligence & machine learning in Hernia surgery - do outcomes change? By Prof Todd Heniford, USA on April 15th, 2023
- Robotic hernia surgery – hope or hype by Dr Omar Yusef Khatib, USA – May 20th, 2023
- Primum non nocere – how not to make the treatment worse than the hernia by Mr Neil Smart, UK - June 17th, 2023
- Ventral hernia repair in 2023 - can we have an algorithmic approach? By Dr Flavio Malcher, USA on July 15th, 2023
- Masterclass on Shouldice - Pure Tissue Repair for Inguinal Hernia: Dr Fernando Spencer Netto, Canada on August 19th 2023

LAPAROSCOPIC HERNIA SURGERY TRAINING COURSES: FORTIS HOSPITAL, CUNNINGHAM ROAD, BANGALORE

Laparoscopic Hernia Surgery Training courses were conducted by FIMAST (Fortis Institute of Minimal Access Surgery Training) at Fortis Hospital, Cunningham Road, Bangalore. The training courses were endorsed by Hernia Society of India with Dr. Deepraj Bhandarkar as President, Dr. Manish Bajaj as Secretary and Dr. Randeep Wadhawan as Treasurer. Dr. Ganesh Shenoy was the Director and Chief Co-ordinator and Dr. B.S. Ramesh was the Organising committee Chairman for the training courses.

The 5 training courses were conducted on the following dates

- March 10th-11th 2022
- April 28th-30th 2022
- July 21st -23rd 2022
- January 10th-11th 2023
- June 21st-22nd 2023

The training program was attended by surgeons from all parts of our country, Bangladesh, Kenya and Iraq. Till now 110 surgeons are trained in the field of laparoscopic hernia surgery in these 5 courses. The main aim of the training courses was to spread the knowledge of herniology to the rural and district places of our country and to make the surgeons believe that laparoscopic hernia surgeries can be performed in any set up with sterilized basic instruments. The courses included live operative demonstrations of a broad spectrum of basic, advanced and newer laparoscopic hernia procedures, with hands on training on specially designed endotrainer modules and video lectures from internationally renowned National faculties from Hernia Society of India. There was active involvement of the surgeon trainees during the live operative workshop in the operation theatre.



Dr Deepraj Bhargadanka, Dr Manish Bajaj, Dr Randeep Wadhawan, Dr Ramesh Agarwalla, Dr Sarfaraz Baig, Dr Vijay Borgeankar, Dr Sumeet Shah, Dr Ashwin Masurkar, Dr T.Sivakumar, Dr Balaji, Dr Anshwin Tangalvefu were the faculties for video based lectures.

Dr Vivek Jawal (Chairman Cardiac Sciences, Fortis Hospitals), Dr Vijay Borgeankar (President Elect, Hernia Society of India), Dr G.Srikanth (Director and Chief Surgical Gastroenterologist, Sahaara Hospital Bangalore), Dr Mohan Keshavamurthy (Chairman Urology, Fortis Hospitals), Dr C.S.Rajan (Senior Surgeon, Bangalore) were the chief guests for the training courses. The surgical team during the training courses included Dr Ganesh Shenoy, Dr B.S.Ramesh, Dr Nawab Jan, Dr Sandeep D, Dr Karthik, Dr Sanjay Natarajan and Dr Mariya Thomas.

All the trainees received a certificate of participation and a pen drive containing the whole gamut of laparoscopic hernia surgeries.





Medtronic



HSI

Hernia Society of India

Comprehensive Hernia Surgery Program Sir Ganga Ram Hospital & Hernia Society of India

is organizing

- 28th April 2022, Thursday
- 10th – 11th October 2022
- 22nd August 2022, Monday
- 20th – 21st February 2023
- 22nd May 2023, Monday

Venue : SGRH, New Delhi

Highlights of the Program :

- Live operative workshop on hernia
- Procedures : TEP, TAPP, IPOM Plus, Patch Mesh and e-TEP RS
- Video Presentations & Dedicated lectures by expert faculty

Dr. V R Malik
Course Faculty

Dr. Tarun Mittal
Course Faculty

Dr. Ashish Dey
Course Faculty

Dr. Anmol Ahuja
Course Faculty

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Hernia Program 28th April, 2022

A live hernia training program was conducted by Department of Laparoscopic, Laser & General Surgery at Sir Ganga Ram Hospital, New Delhi on 28th April, 2022 in association with Hernia Society of India (HSI) in collaboration with M/s Bard India Pvt Ltd. All the participants participated actively in the OR. The delegates were demonstrated 6 different procedures including TEP, TAPP for inguinal, IPOM plus, Patch mesh and eTep RS for ventral hernias. Each procedure was explained in minutest detail. The day was concluded with distribution of the certificates to the delegates. The course and operating faculty were Dr. Vinod K Malik, Dr. Tarun Mittal, Dr. Ashish Dey and Dr. Anmol Ahuja.



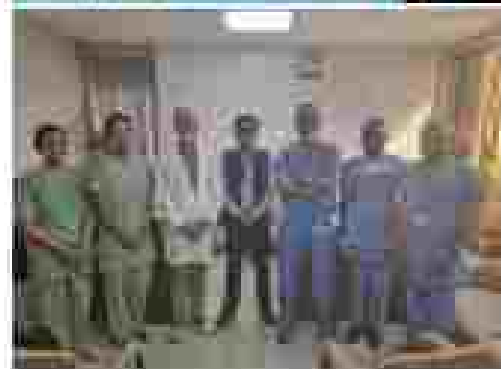
Hernia Program 22nd August, 2022

A live hernia training program was conducted by Department of Laparoscopic and General Surgery at Sir Ganga Ram Hospital, New Delhi on 22nd August, 2022 in association with Hernia Society of India. All the participants participated actively in the OR. The delegates were demonstrated 6 different procedures including TEP, TAPP for inguinal, IPOM plus, Patch mesh and eTep RS for ventral hernias. The day was concluded with distribution of the certificates to the delegates.



Hernia Program 11th October, 2022

Under the aegis of Hernia Society of India (HSI), the Department of Laparoscopic, Laser & General Surgery, Sir Ganga Ram Hospital, New Delhi organized one day hernia Workshop in collaboration with M/s India Medtronic Pvt Ltd on 10th & 11th October, 2022 in the premises of the OT Complex at SGRH. The course and operating faculty were Dr. Vinod K Malik, Dr. Tarun Mittal, Dr. Ashish Dey and Dr. Anmol Ahuja.



Two day Hernia Workshop 20th & 21st February, 2023

Under the aegis of Hernia Society of India (HSI), the Department of Laparoscopic, Laser & General Surgery, Sir Ganga Ram Hospital, New Delhi in collaboration with M/s India Medtronic Pvt Ltd organized two day hernia workshop on 20th & 21st February, 2023 in the premises of the OT Complex at SGRH. Few observers across Delhi NCR attended this workshop. There were didactic lectures on hernia by expert faculty with few videos presentation on 20th February, 2023 and on 21st February, 2023, there was operative hernia workshop where TEP, e-TEP, TAPP, Patch repair, Etop RS were demonstrated. The meeting was concluded with distribution of certificates to the delegates.



Hernia Program 22nd May, 2023

A live hernia training program was conducted by Department of Laparoscopic and General Surgery at Sir Ganga Ram Hospital, New Delhi on 22nd May, 2023 in association with Hernia Society of India. All the participants participated actively in the OR. The delegates were demonstrated procedures like TEP, TAPP for inguinal, IPOM plus, Patch mesh and eTep RS for ventral hernias. The day was concluded with distribution of the certificates to the delegates.



Workshop and CME courses conducted at Manipal Hospital, Dwarka, Delhi accredited with Hernia Society of India.

- Robotic Hernia Surgery Workshop 05.08.2023,
- Endo hernia Workshop, July 21st & 22nd, 2023.
- Robotic Hernia Surgery Workshop 22nd April, 2023.
- Endo hernia Workshop, Manipal Hospital, October 2022
- Endo hernia Workshop, Manipal Hospital, September 2022
- Endo hernia Workshop, Manipal Hospital, August, 2022



Conference and Workshop participated as Faculty, accredited with Hernia Society of India.

- Faculty at Big Apollo Hospital, Patna aegis HSI, Bihar Chapter AM, June 2022.
- Faculty at Chandan Hospital aegis HSI, March 2023, Lucknow, U.P.



Hernia Society of India Cadaveric course 17th December, 2022

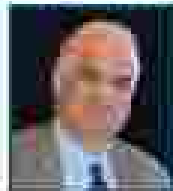
ADVANCED CERTIFIED CADAVERIC HERNIA WORKSHOP

Hernia Society of India

invites applications for a one day course.

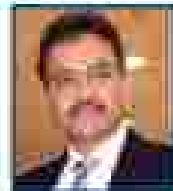


President - HSI



Dr. Deepak Khosla
President
Hernia Society of India
All India Institute of Medical Sciences
New Delhi

Course Convener



Dr. Anand Kumar
Course Convener
Hernia Society of India
All India Institute of Medical Sciences
New Delhi

Revised Date

17th December 2022

Topic:
IPOM/PPOM
COURSE CONTENT
Course for All
Surgeons

Total number
of seats:

12

Course Content

- IPOM/PPOM +
- TEP/TAPP
- E-TEP
- Abdominal wall reconstruction

Faculty



Dr. Anand Kumar
Hernia Society of India
All India Institute of Medical Sciences
New Delhi



Dr. Anand Kumar
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All India Institute of Medical Sciences
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HERNIA CONCLAVE, BASICS TO LATEST At Life Medicity Hospital, Jabalpur 20th-30th April, 2023



2 Days academic feast with didactic lectures followed by Live Operative workshop organized by Hernia Society of India and Jabalpur Surgeons Association.

Organising President- Dr Vishal Kadiya

Organising Secretary- Dr Yash Shrivastava

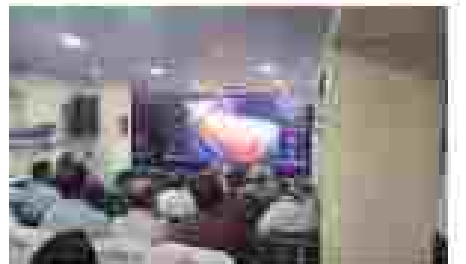
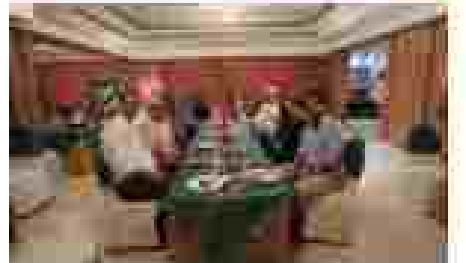
Convener- Dr Millesh Srivastava

Co-convener - Dr Vikash Agrawal

1st Day included Grand Inauguration Ceremony with a local newspaper press conference followed by Lectures by Dr Bhundarkar (President HSI) and Dr Mishra (Secretary HSI) and eminent Zonal Members of Hernia Society of India - Dr C.P. Kothari, Dr. Krunal Laxmi Kumar, Dr. Anant Choudhary, Dr. Parvinder Lohana, Dr. Rajesh Shrivastava, Dr. Ashutosh Soni, Dr. Ishant Choudhary, Dr. Sandesh Sharma, Dr. Deepak Sonu, Dr. Vinay Kumar & Dr. C.R.K. Prasad. Around 150 Surgeons from Malwa region attended the event enriching their knowledge and skills in recent advances in Laparoscopic hernia management.

Day 2 of Live Operative Workshop showcased various Live Surgeries on ETEP, ETES- RS, Fundoplication, Hybrid IPOM, TEP, TAPP by eminent faculties and PG paper presentation By Jabalpur Surgeons Association.

All the Faculty and Delegates were felicitated with hits and certificates and Delegates were encouraged to join HSI Membership.



HSI Titans Series sessions

Season 1

Critical View of APC: The Great VLD Hernia Hoax!

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta



Critical View of APC: The Great VLD Hernia Hoax!

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta



Season 2

Peritoneal Flip + TAR (PCRT) for Complex Large Hernia

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta



Peritoneal Flip + TAR (PCRT) for Complex Large Hernia

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta



Season 3

HSI Technical Tips from Titans - Session 3 - LRA technique for A.

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta



HSI Technical Tips from Titans - Session 3 - LRA technique for A.

Dr. Ganesan, Dr. Tandon, Dr. Subramanian, Dr. Gupta

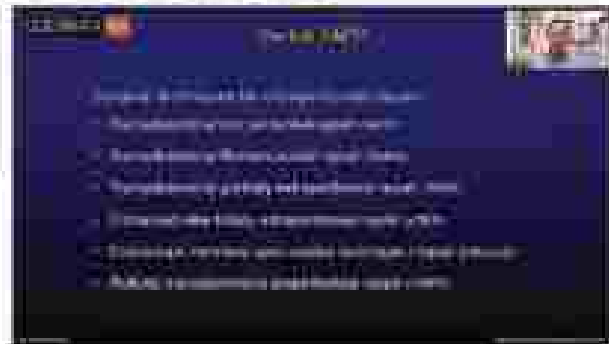


Season 4

TAPP for Central Hernia - Tips & Tricks
Dr. Sankar K. Mishra, Dr. Anandharajagan

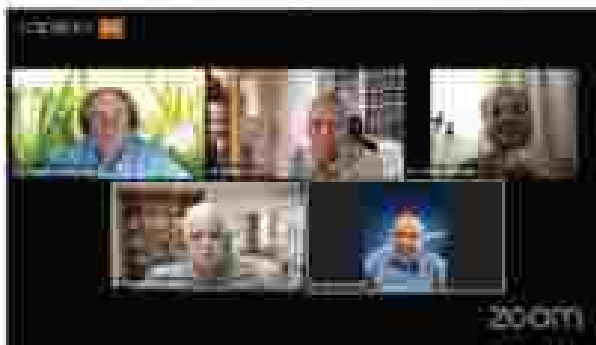


TAPP for Ventral Hernia - Tips & Tricks
Dr. Sankar K. Mishra, Dr. Anandharajagan



Season 5

Management of Umbilical Hernia Repair
Dr. Sankar K. Mishra, Dr. Anandharajagan



Management of Ventral Hernia Repair
Dr. Sankar K. Mishra, Dr. Anandharajagan



Season 6

Artificial Intelligence - Can it Effectively Predict Outcomes and Quality of Care?
Dr. Sankar K. Mishra, Dr. Anandharajagan



Artificial Intelligence - Can it Effectively Predict Outcomes and Quality of Care?
Dr. Sankar K. Mishra, Dr. Anandharajagan



Season 7

Remote Hernia Surgery - Scope of Hybrid
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju

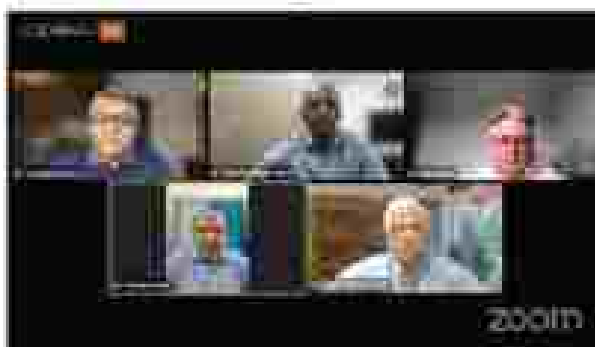


Remote Hernia Surgery - Scope of Hybrid
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju

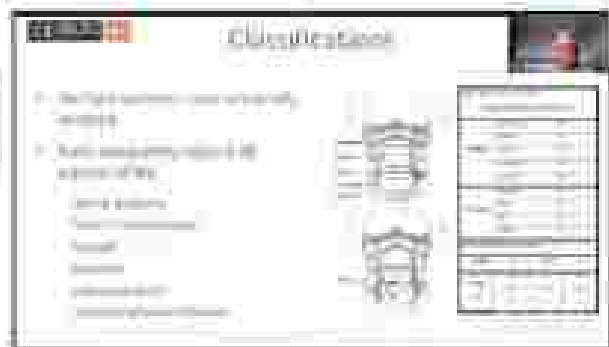


Season 8

Season 8 - Primary Port Access - How not to make treatment and...
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju



Season 8 - Primary Port Access - How not to make treatment and...
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju



Season 9

Season 9 - Hybrid Laparoscopic Repair in 2022 - Can we have an Algorithm...
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju



Season 9 - Hybrid Laparoscopic Repair in 2022 - Can we have an Algorithm...
Dr. Ganesan, Dr. Thirunavukarasu, Dr. Subramanian, Dr. Raju



HSICON 2022, Jaipur

The 16th National Annual Conference of "Hernia Society of India" i.e. "HSICON2022"
At BM Birla Auditorium, Jaipur on 1st, 2nd & 3rd September.

Attended by more than 500 Hernia Surgeons from across the Country and neighbouring countries, with few online celebrations by stalwart surgeons from US & Belgium.

On Day - 1

"MASTERCLASSES" were conducted with overwhelming response on

- Basic Hernias
- Advanced Hernias
- Hiatal & Diaphragmatic Hernias
- Robotic Hernia Surgery

Same day,

Variety of hernia surgeries including (Lichtenstein, TAPP, TEP, BIL e-TEP for Groin Hernia and Open Rives-Stoppa, IPOM/ IPOM Plus, TARM for Ventral Hernia, in total 9 procedures) were demonstrated & transmitted flawlessly in "Live Operative workshop."



Day -2

Started with "Virtual Live Operative session on Robotic Hernia Surgery" by international faculty from US

- Robotic TAPP (Groin) by Shirin Towfigh
- Robotic TAPP (Ventral) by Conrad Bellecort
- Robotic e-TEP / TAR by Rockson Liu

"Founder President Dr. HG Doctor Oration"

by

Harc Mierez from Belgium,

Architect of Belgian registry acknowledged the most significant paper from India in terms of data & registry by India Hernia Collaborative

And then, The Masterpiece "Presidential



Address* by none other than President, HSI Dr. Deepraj Bhandarkar delivered "Pearls of Wisdom
"Choices for ventral hernia repair - navigating the maze."

Especially the message to change from

What would you do "WYD"

To

What should I do "WSID"

Not only the Academics,

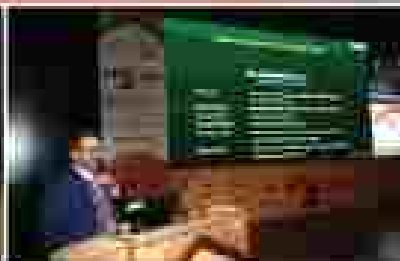
our Doyens rocked the Friday Evening stage in "Banquet" too... Singing, Dancing, Playing guitar / drums
and icing on the cake was "Roast" by dear friend Dr Sarfaraz Jali Baig .

Very true.

With long exhausting Academic sessions, you need

Some moments of leisure...

Some moments of Social Interaction...



"Day 3"

Started with yet another "Virtual Live Operative session by National stalwarts"

• SCOLA by Dr. Gagesh Shetty

• e-TEP bottoms up TAR for Midline Ventral Hernia by Dr. Rahul Mahadar

• e-TEP for Lateral Ventral Hernia by Dr. Sarfaraz Baig

And "Keynote Lectures" by

Padmashri Dr. Pradeep Chowbey - "Hiatus Hernia - Confusion to Conclusion"

yet another Marvel as ever.

The exhilarating conference ended on the positive note thanking all the Organisers, Participants & Industry partners with a promise to meet again in forthcoming HSI events, especially HSICON 2023 at Hyderabad.

Thanks a lot to EC, HSI

especially President Dr. Deepraj Bhandarkar, Secretary Dr. Manish Bajjal, Treasurer Dr. Randeep Wadhawan & Founder Dr. Pradeep Chowbey sir for having faith & believing and bestowing this opportunity on us.

Young HSICON 2022, KOLKATA

Young HSICON 2022 was held in Kolkata on April 1st and 2nd, 2022. It was a one-of-a-kind event with a very forward-looking outlook. The singular theme conference focused on various aspects of Hernia Surgery. It would be remembered as a benchmark event with participation of "Young-er" surgeons that one would normally come across on such occasions.

The program was envisioned by HSI EC and local organisations was by Dr Sarfaraz Baig along with Dr Pallawi Priya, and Dr Sumanta Dey. Fourteen young surgeons including Dr Mandar Gadgil, Dr Nishi Khandelwal, Dr Adib Agarwal, Dr Vishal Sen, Dr Harsh Shetty, Dr Yusuf Afaqie, Dr Vikas Singhal, Dr Shivanshu Mishra, Dr Anmol Ahuja, Dr Ashish Dey, Dr Ashwin Thangavelu, Dr Ganesh Shetty and Dr Tarun Mittal from all across country were the organizers and executors.

Newer approaches of learning & presentation like "WITC - What's In the Case", Debates took the centre-stage over didactic lectures. Sessions like Bumble Corner provided an open mic for the more-experienced surgeons to share their thoughts and the edutaining Quiz was a quirky way to conclude the conference.

The choice of topics, the content of sessions & skills of surgeons in live surgeries were admirable. Participation from various parts of the country was seen, highlighting the fact that India harbours talents in all its corners.

We, as a surgical fraternity have a responsibility to prepare the next generation of able, knowledgeable & skilled surgeons. Teaching & encouragement across various platforms is the much-needed bridge to ensure the continuity & safety of surgical care being passed as an intellectual inheritance.

Events like Young HSICON encourage & inspire younger surgeons to see & consider Hernia Surgery more seriously and as a speciality branch in itself. The rejuvenated interest & energy needs channelization and we see that happening with such platforms where young contemporary surgeons can meet, become friends & fraternity for life.



Young HSICON 2023, AHMEDABAD

"YoungHSICON" a prestigious annual surgical conference organized by the Hernia Society of India is designed with a specific emphasis on nurturing and promoting the skills and talents of young and aspiring surgeons in the field of Hernia Surgery. This remarkable event took place in the vibrant city of Ahmedabad, Gujarat, India on 1st-3rd June 2023 this year. The theme of the conference was "Lets move! Hernia: Hands Life" has been adopted as the tagline of the event series.

"YoungHSICON 2023" was an eagerly awaited event, serving as a platform for young and skilled surgeons to come together, share their insights, and learn from prominent experts in the realm of Hernia surgery. The event aimed to bridge the gap between experienced professionals and the emerging generation of surgeons by offering a conducive environment for knowledge exchange and networking. It was attended by over 300 delegates in-person and by over 50 delegates from all over the world online, through LapGuru. The Pre-conference courses were attended by about 125 delegates.

Key Highlights:

Pre-Conference Courses: The conference featured a series of informative focused courses that covered the latest advancements in hernia surgery techniques, technology, and patient care. These were conducted at 5 hospitals across Ahmedabad on different aspects of hernia surgery that provided participants with valuable practical insights.

Live Surgeries: To enhance the learning & the visual experience of the attendees, a total of 8 Hernia Surgeries were shown live from Zydus Hospitals, Ahmedabad. This included a Robotic Hernia Surgery too. Various national faculties demonstrated complex surgical steps and shared their operative expertise to a large audience.

Expert Lectures: Renowned surgeons, both national and international, delivered insightful lectures on diverse topics related to hernia surgery. Their expertise and perspectives enriched the attendees' understanding of the field.

Research & PG Poster Presentations: The event provided a platform for young surgeons to present their research findings and innovative ideas. This encouraged scholarly discourse and inspired participants to contribute to the advancement of surgical knowledge. A total of 25 PG posters were presented.

Oration: Our President, Dr D Bhandarkar, shared his life and career insight for young surgeons in a tasteful session named "But...It...And...Or". His candid approach to life and his experiences came across as a source of motivation and inspiration.

Networking Opportunities & Industry Interaction: "YoungHSICON 2023" facilitated networking among attendees, fostering connections between seasoned professionals and young surgeons. This interaction promoted collaboration and mentorship. A unique "Trade Lounge" was created for the industry partners to interact with the surgeons which was well received.

Awards and Recognition: Outstanding contributions were recognized through awards for 3 Surgeons, as an encouragement to strive for excellence in their practice and presentation.

Impact:

"YoungHSICON 2023" left a significant impact on the surgical community locally & nationally by empowering young surgeons with knowledge, skills, and inspiration. The event's emphasis on promoting excellence and innovation in hernia surgery would surely contribute to the advancement of surgical practices in India.

The event not only showcased the commitment of the Hernia Society of India to professional development but also highlighted Ahmedabad's status as a vibrant hub for medical education and innovation.

"YoungHSICON 2023" successfully achieved its goal of fostering a culture of excellence in hernia surgery among young surgeons. The event's comprehensive program, esteemed speakers, and collaborative atmosphere made it a remarkable milestone in the field of surgical education and practice.



www.younghsicon.com

Young
HSICON

14:00
Friday, June 3

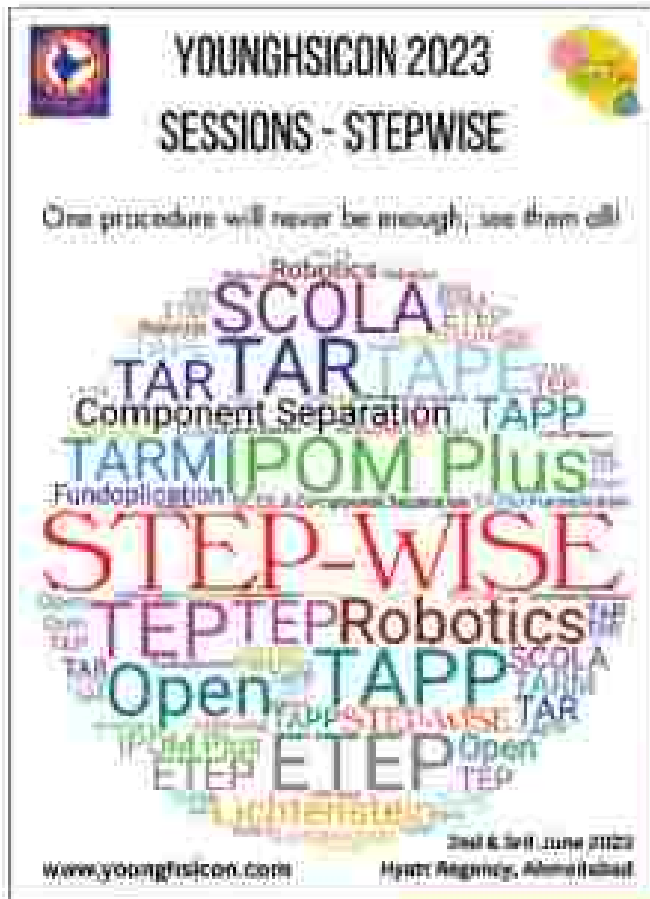
SESSIONS

THE INFLUENCER SURGEON

Hyatt Regency
Ahmedabad
Gujarat

An initiative by the Hernia Society of India

YoungHSICON 2023
brings for you a session on
Social Media Management for Surgeons!



YOUNGHSICON 2023
SESSIONS - STEPWISE

One procedure will never be enough, see them all!

Robotics
SCOLA
TAR TAR TAPE
Component Separation TAPP
TARMIPOM Plus
Fundoplication
STEP-WISE
TEP TEP Robotics
Open TAPP
ETEP ETEP
Open TEP

2nd & 3rd June 2023
Hyatt Regency, Ahmedabad

www.younghsicon.com



YOUNGHSICON 2023
THE GREAT INDIAN HERNIA FESTIVAL

OPEN - LAPAROLOGY / ROBOTICS

TEP TEP TAPP
TARMIPOM Plus
Fundoplication
STEP-WISE
TEP TEP Robotics
Open TAPP
ETEP ETEP
Open TEP

LIVE
HERNIA BARRED
FLORAL
STEP-WISE
The Hernia QUIZ

2nd & 3rd June 2023
Hyatt Regency, Ahmedabad

www.younghsicon.com



YOUNGHSICON 2023
SESSIONS
MONEY MATTERS!!

AS PRESENTED BY FINANCIAL EXPERT
THANISH INSIGHTS (PVT.)
(EARNING BETTER - SAVING BETTER & GROWING BETTER)

JUNE 3RD 2023

FREE ENTRY - LIMITED SEATS

Social Media Platforms of Hernia Society of India

YOUTUBE



FACEBOOK



HSI Website



herniasocietyofindia.org

HSI MEMBERSHIP

The members of HSI are primarily surgeons from India and the Asian subcontinent. The members of HSI benefit by a) being a part of a growing community of like-minded surgeons interested in hernia surgery - open or laparoscopic, b) having opportunities to interact and share knowledge with experts in the field and c) being able to attend various conferences, workshops, seminars and CMEs organised by HSI at a discounted rate. Those also opting for a membership of APHS will, in addition, be eligible to receive subscription to the journal *Hernia* (a worldwide renowned journal dedicated to herniology) at a discounted rate.

HSI has three types of members.

1. Life member: Any surgeon from India holding a postgraduate surgical qualification (MS or DNB (Gen. Surgery)) can become a life member. He / she shall be proposed and seconded by two life members of HSI. The life membership fee currently is Rs 3000 + GST.

2. Associate member: A postgraduate student pursuing surgical training (MS or DNB (Gen. Surgery)) can apply to become an associate member. He / she shall be proposed and seconded by two life members of HSI. The associate membership fee currently is Rs 2000 + GST. The associate member shall pay the difference between the life membership fee and the fee already paid after obtaining the postgraduate qualification and become a life member.

3. International member: A surgeon from outside India holding a postgraduate surgical qualification can become an international member. The international membership fee currently is US \$ 100.

For membership related queries please contact:

Mr Pankaj Gupta

Mobile: +91 9011690841

HSI MEMBERSHIP IS ALSO NOW AVAILABLE ONLINE ON
herniasocietyofindia.org

HSI Membership is now available to Surgical Post
Graduates and International Surgeons.

Guidelines for HSI Centre of Excellence

Hernia Society of India invites applications from centres which are a) doing high-volume work in the field of hernia surgery and b) already undertaking regular training courses in hernia surgery or apply to become an HSI Centre of Excellence. This endorsement is purely for the purpose of conducting training courses and is not to be taken as an endorsement for the standard of clinical care provided at the Centre in the field of hernia or other surgeries. Permission to occur to be recognised an HSI Centre of Excellence the Hospital / Institution must fulfil the following criteria:

- ▶ The Centre applying for this (Medical College / Hospital / Nursing home) should have minimum 50 beds. • The Courses must be directed by a Surgeon who holds MCh or DNB in General surgery and is a member of HSI.
- ▶ The Centre must offer both open and laparoscopic surgery for a variety of hernias and the results must be carefully audited and preferably published in peer-reviewed journals.
- ▶ Two or more training courses must have been held in the Centre each year for the past three years and at least one of them should have been in the field of hernia surgery.
- ▶ The Centre must have adequate infrastructure in terms of theatres, laparoscopic equipment, HD endoscopes, metal cassettes etc. They should follow autoclaving/ETD or plasma sterilization for all the laparoscopic equipment used for hernia surgery.
- ▶ The Centre must be equipped with adequate facilities for lectures and must have a dry laboratory with endoscopes for hands on practice. Virtual reality simulators are optional.
- ▶ The Course Director and faculty must have appropriate clinical expertise to educate the participants. If live surgery is to be performed and transmitted for the participants, the faculty must have adequate experience in these procedures.
- ▶ The Course Curriculum must include (but need not be restricted to) the following: Patient selection, preoperative care, instrumentation, technical aspects of surgery, postoperative care, identification and management of complications, follow up and tracking of clinical outcomes.
- ▶ The HSI endorsement is valid only for three years and can be renewed at the end of that period by way of a fresh application. This endorsement is only for courses conducted in the field of Hernia and Abdominal Wall Surgery.
- ▶ The Institution sponsoring the courses must apply for and grant the participants CME points from the State Medical Council.
- ▶ Course details, list of faculty and participants feedback forms for each course must be submitted to the President and Hon. Secretary of HSI (by way of email) on an annual basis. If the review of these shows the courses to be below par and the deficiencies suggested are not corrected within stipulated time, the recognition of the Centre may be withdrawn.
- ▶ No application fee is required at present, but in future an yearly fee as decided by the Executive Committee of the HSI may be levied on the Centres.

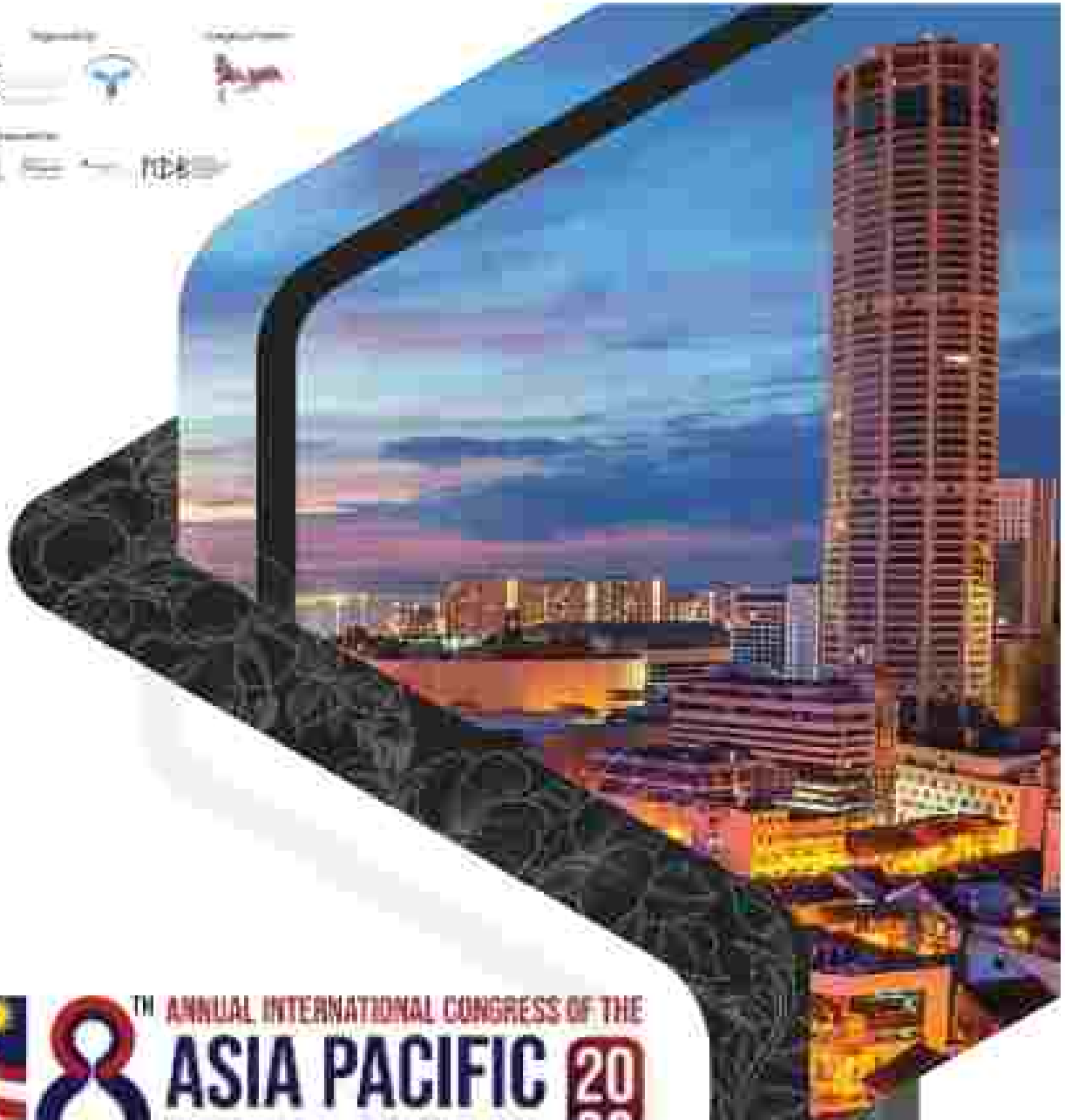
Benefits to the Centre

- ▶ The Centre will be listed as a Centre of Excellence on the HSI website.
- ▶ The courses offered at the Centre will be listed on the HSI website.
- ▶ The Course Director may include the HSI endorsement on the course brochure or on the course material.
- ▶ The Centres and the courses will be promoted during the annual HSI meeting.

Application Process A form letter of application along with the following details and photographs (PHDs) to command the available facilities should be emailed to President - HSI Dr Parvath Agarwala (parvath@hsimail.com) and Hon. Secretary HSI Manish Bajaj (india@hsinet.com). The HSI may designate an observer to visit the centre for inspection before awarding the HSI Centre of Excellence certificate. The travel expenses and local hospitality of the observer should be borne by the Centre.

Application for a Centre to be Recognised as a HSI Centre of Excellence

FORTHCOMING EVENTS



18TH ANNUAL INTERNATIONAL CONGRESS OF THE
ASIA PACIFIC 20
HERNIA SOCIETY 23

21-23 SEPTEMBER 2023

📍 **SETIA SPICE CONVENTION CENTRE
PENANG, MALAYSIA**

#APHS2023

Welcome Message

Selamat Datang!

As the Organising Chairman of 18th Annual International Congress of the Asia Pacific Hernia Society (APHS 2023), it gives me great pleasure to invite everyone to the beautiful island of Penang for APHS 2023.

This year's APHS is themed "Doing Hernia Perfectly Together". Over the years, Hernia has now developed to be a specialised area in surgery and remains the most popular surgical procedure among surgeons. A varied and substantial exposure in technique and technology is now taking hernia into the next millennia.

As this year's host country, APHS promises to be one of the highlight surgical congresses of the year. With about 60 industry players and 75 international and local speakers, APHS 2023 is committed to delivering a wonderful programme filled with intellectual discussion and extensive networking.

We would also like to invite all of you to discover our wonderful island Penang, (Jubbok The Pearl of the Orient, if truly is the melting pot of Asia with beautiful beaches, delicious food, and wonderful people.

Finally, as the Organising Chairman, I would like to welcome everyone to become a part of this wonderful Congress. See you all in Penang at APHS 2023.

Taruna Kashy



Dr Gufour Mohamed
Organising Chairman
APHS 2023
Penang, Malaysia

Early bird registration starts now!

Categories	Early Bird Rate Until 31 July 2023	Regular Rate 1 Aug - 14 Sep 2023	On Site Rate 15 - 23 Sep 2023
APHS Member	USD 350	USD 400	USD 495
Non-Member	USD 400	USD 450	USD 500
Local Delegate	RM 600	RM 800	RM 1000
MOI Trainee	RM 400	RM 600	RM 800
Nurse / Allied Health Professional	USD 60 / RM 115		
Accompanying Person	USD 100		
Exhibitor Pass	USD 100		
Gala Dinner	USD 35		

Delegate's Entitlements



Access to Scientific Sessions



Lunches



Congress Bag & Materials



Access to the Trade Exhibition



Coffee & Tea



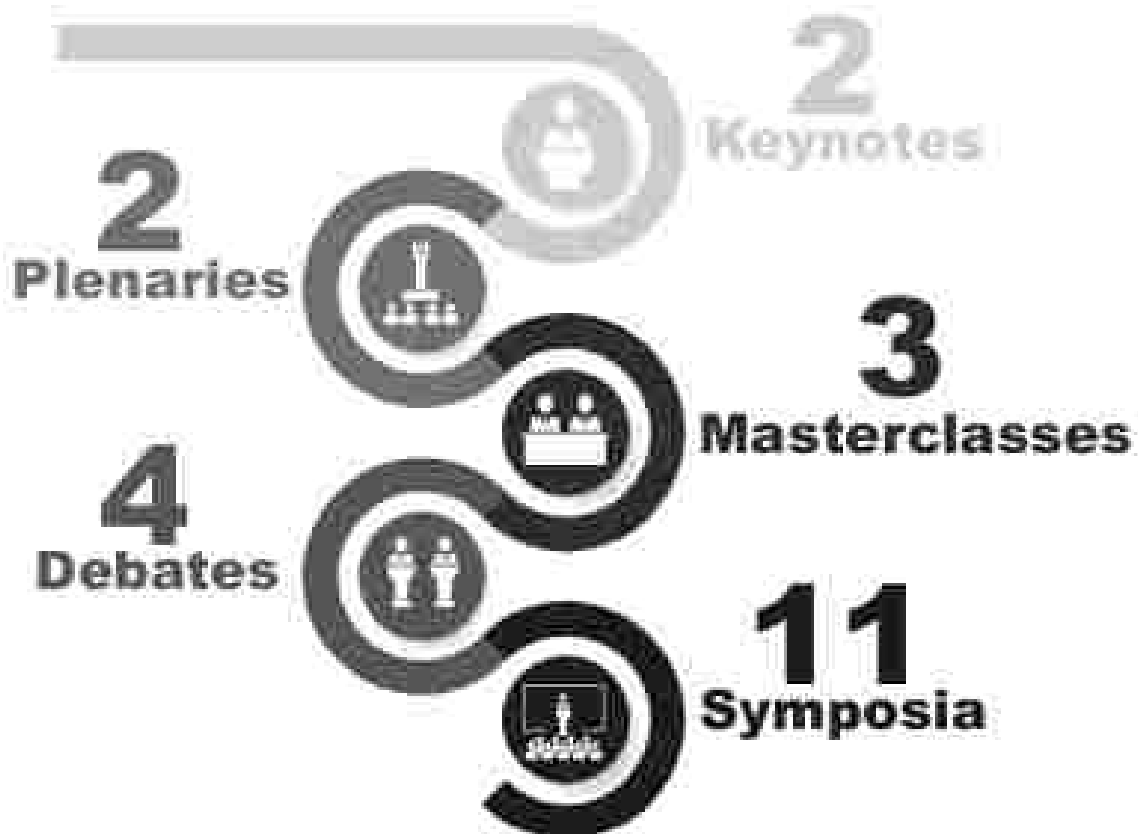
Certificate of Attendance



SUBMISSION DEADLINE
14 JULY 2023

LANGUAGE
ENGLISH

WORD LIMIT
300 WORDS



WORLD CONGRESS OF
**ABDOMINAL WALL
 HERNIA SURGERY**
 10-12 October 2024 SINGAPORE



ADOPTING TECHNOLOGIES

IMPROVING CARE



IMPORTANT DATES



30 JUN 2024

Abstract Submission Deadline

10 OCT 2024

Final Abstract Submission Deadline

11-12 OCT 2024

Scientific Session

11 OCT 2024

Abstract Collection

HIGHLIGHTS

Pre-Habilitation and Complexity

Emergencies

Overcome the Proficiency in Hernia Surgery

Setup a Hernia Centre

The Intraoperative Repair

Robotic-assisted Surgery: Present and Future

Expanding the Abdomen

Differences in Outcome

Can we improve Patients' Satisfaction?

Prevention in Hernia Disease

Handling the Recurrence

Socials and Journals

AI and Immersive Technology



CGO Andhra Pradesh Events Pvt Ltd
 G-14, Location 1, Technology Park Area 1
 Hubli, (H) 520001, Kuvempu, Karnataka



www.wcaahs2024.com

WORLD CONGRESS OF
ABDOMINAL WALL
HERNIA SURGERY
14 - 17 October 2024 SINGAPORE

ADOPTING TECHNOLOGIES

IMPROVING CARE



In the ongoing globalization, the idea to organize a Congress in which Societies, Hernia Groups and Participants from all over the world can share knowledge, experience, technique and camaraderie was born naturally and with enthusiasm without borders and constraints. In the last decades, the Hernia Community grew worldwide, the number of Experts and Passionate increased in all Continents and will be a great honor for us to have colleagues from all over the World to join us for celebrate this milestone gathering in Singapore. The Congress will have an interactive Scientific Programme where colleagues from every part of the World will share their experience, technique and reality towards providing and learning from each other on how to improve our patient's care, experience and satisfaction.



Singapore, a city that is a melting point of culture, food, tradition and races with one of the highest quality of life index and high technology adoption rate, we are ready to host you. Singapore will welcome you starting at one of the top world airport with its majestic dome of the Jewel and its Nam Vertex. The city attraction continues with the UNESCO World Heritage Site of Botanical Garden, the iconic Marina Bay Sands, multi-winner awards Gardens by the Bay, a sanctuary for nature lovers, where the Nature of the world is reproduced in the Flower Dome and Floral Fantasy while at night a Garden Rhapsody enlighten the Supertree Grove and many more to visit.



CO Audies Events Sdn Bhd
G-38, Incubate 1, Technology Park, Malacca
Block 118, 75000 Kuala Lumpur, Malaysia



www.youtube.com/channel/UC8L1L0v0e



HSI
Hernia Society of India

e newsletter

www.herniasocietyofindia.org

2023

ISSUE

