



contents

Executive Committee	01
Founder Members	02
Messages	03-08
Academic activities 2021	09-22
15 th Annual Conference of Hernia Society of India at Aurangabad	23-27
Planned activities 2021- 2023	28
Achievements of HSI members	29
Guidelines for HSI Centre of Excellence	30-32
Social media initiative	33-34
Membership application online	35
HSI Secretariat	36
Young HSICON	37
HSICON 2022	38

Executive Committee



Deepraj Bhandarkar
President, Mumbai
deeprajbhandarkar@gmail.com



Manish Baijal
Hon. Secretary, Gurgaon
mbaijal@yahoo.com



Randeep Wadhawan
Hon. Treasurer, New Delhi
randeepwadhawan@yahoo.com



Ramesh Agarwalla
Immediate Past President & Trustee, Kolkata
lap.ramesh@gmail.com



Sandeep Dave
Trustee, Raipur
sandeepdavery@hotmail.com



H G Doctor
Founder President & Trustee Mumbai
drhgd@gmail.com



Pradeep Chowbey
Founder Member, New Delhi
pradeepchowbey@gmail.com



Anil Sharma
Past President - APHS New Delhi
anil.sharma@maxhealthcare.com



M G Bhat
Trustee Bangalore
drmgbhat@gmail.com



Rajesh Khullar
Trustee, New Delhi
drrajeshkhullar@gmail.com



Vijay Borgaonkar
President - Elect, Aurangabad
vijay.ihpba@gmail.com

Zonal Vice Presidents



Sarfaraz Baig
Vice President - East, Kolkata
docsarfarazbaig2@gmail.com



Avinash Katara
Vice President - West, Mumbai
avinashkatara@gmail.com



Sumeet Shah
Vice President - North, New Delhi
asumeetshah01@gmail.com



M Ramesh
Vice President - South, Bangalore
drramesh@hotmail.com



Achal Gupta
Vice President - Central, Gwalior
achal23@gmail.com

Zonal Executive Members

(East Zone)



Elbert Khiangte
Guwahati
ekhiangte@yahoo.in



Pallawi Priya
Kolkata
drpallawipriya@gmail.com



Manash Ranjan Sahu
Bhubaneswar
manash67@gmail.com

(West Zone)



Dr Jitendra Chawla
Jaipur
drchawla@gmail.com



Mandar Gadgil
Thane
gadgilmr@gmail.com



Kalpesh Jani
Baroda
kvajni@gmail.com

(North Zone)



Tarun Mittal
New Delhi
tarunmittalmas@gmail.com



Brahm Bhatt Pathak
Faridabad
bdplus2001@yahoo.com



Harmeet Paul Singh
Jalandhar
bualmp@hotmail.com

(South Zone)



Ganesh Shenoy
Bangalore
drshenoyganesh@gmail.com



K Balaji Singh
Chennai
drbalajisingh@gmail.com



Ashwin Thangavelu
Coimbatore
ashwint03@yahoo.co.in

(Central Zone)



Yusuf Afaque
Aligargh
yusufafaque@gmail.com



Atul Agarwal
Bhopal
atul.theurgeon@gmail.com



Ashutosh Soni
Indore
soni.ashutosh@gmail.com

Co-opted Members



Ashwin Masurkar
Gokak
ashwinmasurkar@gmail.com



Vijay Mittal
Patna
vijmittal@hotmail.com

Founder Members



T E Udwadia
Mumbai
t_udwadia@hotmail.com



J B Agrawal
Mumbai
jbagrwal@gmail.com



V N Shrikhande
Mumbai
vnshrikhande@rediffmail.com



Anil Sharma
New Delhi
anil.sharma@maxhealthcare.com



Kuldip Singh
Ludhiana
drkkanda@rediffmail.com



K Ravindranath
Hyderabad
drkravindranath@globalhospital.net



Prasanna K Reddy
Chennai
drpkreddyapollo@gmail.com



John Thanakumar
Coimbatore
drjact@gmail.com



Ajay K Kriplani
New Delhi
kriplani@laparoscopy.in



Parveen Bhatia
New Delhi
bhatiaglobal@gmail.com



Om Prakash Tantia
Kolkata
omtantia@gmail.com



K.N. Srivastava
New Delhi
knsriv@yahoo.co.in



Ramesh Ardhanari
Madurai
drrameshardhanari@gmail.com



H Ramesh
Cochin
mramesh1@gamil.com



M Ramesh
Bangalore
drramesh@hotmail.com



Vandana Soni
Gurgaon
vandan_soni@yahoo.com



Jyotsna Kulkarni
Pune
drjsk@gmail.com



B. Krishna Rau
Chennai
bkr@vsnl.com

From the **Editor's Desk**

Dear Fellow HSI Members,

It is my pleasure to bring out this issue of the HSI Newsletter and reach it to you. It gives you a bird's eye view of the scientific activities we have undertaken in the past one year. Last 2 years have been very difficult for all of us due to the pandemic. Most of the activities have been held on a virtual platform. We were lucky to hold the Annual Conference at Aurangabad in November 2021 normally as was being done prior to the pandemic. Many new activities have been planned this year and these have been highlighted here.

We now have a vibrant website (www.herniasocietyofindia.org) that carries links to several educational videos and lectures from previous HSI events for the registered members to access.

We have innovated and involved all by embracing the social media. Now our reach is far & wide – even outside the borders of our country. We have an active Facebook page, a YouTube Channel, Twitter Handle, and a WhatsApp Group.

We will be meeting in Kolkata Soon for our midterm conference which will be young HSI centric. I look forward to welcoming you during the midterm Conference in April 2022 at Kolkata.

Warm regards,

Dr Ramesh Agarwalla

Immediate Past President HSI



From the President's Desk

Dear Fellow HSites,

It is an honour and a privilege for me to take up the mantle as the President of the Hernia Society of India (HSI). I shall strive hard to live up to the expectations of my colleagues who have entrusted me with this responsibility. The hard work of the stalwarts who occupied this position before me – Dr H G Doctor, Dr M G Bhat, Dr Rajesh Khullar, Dr Sandeep Dave and Dr Ramesh Agarwalla – has brought the HSI to its present stature. Both Dr Pradeep Chowbey, Founder President of Asia Pacific Hernia Society (APHS) and Dr Anil Sharma, Past President- APHS have been a constant source of guidance to the HSI, for which we are grateful to them. I am looking forward to working alongside Dr Manish Baijal – Hon. Secretary, Dr Randeep Wadhawan – Hon. Treasurer, Dr Vijay Borgaonkar – President Elect, the Zonal Vice Presidents and all the Executive Committee Members.



Today the HSI has grown to a society of 1000+ members – all likeminded surgeons interested in the field of herniology. The scientific activities of HSI have increased multi-fold. Despite the recent challenging times, HSI managed to organise 23 online webinars in the past year and a half. These encompassed various aspects of modern hernia surgery.

In the next two years we hope to focus on three main goals. Firstly, we will continue the regular academic events – web-based in the short term, and hopefully physical meetings, workshops and courses once the cloud of COVID-19 hanging over us lifts. Secondly, we have started the process of extensively revising the educational resources page available on the HSI website (<https://herniasocietyofindia.org/>). These will be in the form of a completely revamped educational resources section on this website. Also lectures from past HSI events are being regularly uploaded to the HSI YouTube channel (<https://www.youtube.com/c/Herniasocietyofindia>) and surgeons continue to post challenging cases, operative videos and technical innovations on our Facebook group page (<https://www.facebook.com/groups/herniasocietyofindia>). Please do join this vibrant online community, if you aren't already a part of it. Finally, we hope to conduct activities that create value for the in-training and younger surgeon colleagues. I urge you all to engage with us in all these forums.

The 15th Annual Conference of the HSI organised by Dr Vijay Borgaonkar and his team at Aurangabad conclude recently This superbly organised hybrid meeting was attended by 100 on-site and close to 350 online delegates.

You will be able to check and keep track of all the upcoming events at (<https://herniasocietyofindia.org/upcoming-events/>).

I welcome your thoughts, suggestions or critique related to the activities of the HSI and on how the Society can serve its members better. Please feel free to communicate with me at deeprajbhandarkar@gmail.com.

With warm personal regards,

Dr Deepraj Bhandarkar

November 2021



Message

Dear fellow members of HSI,

It gives me great pleasure to reach out to you through this HSI Newsletter. I am grateful to our immediate past president Dr Ramesh Agarwalla who has taken the initiative of publishing this newsletter as a means to connect with one & all.

We concluded our annual conference at Aurangabad organised under the able Chairmanship of Dr. Vijay Borgaonkar, which was conducted successfully in a newly established hybrid arrangement with 135 onsite delegates and about 150 online participants. On behalf of HSI, I must congratulate Dr Borgaonkar for bringing this to fruition in such trying times.

My best wishes to Dr Deepraj Bhandarkar the present President and the new Ex-com for a productive tenure in the forthcoming two years. Under Dr Bhandarkar's leadership we are sure to see a lot of new innovative academic initiatives both online & in person in times to come, of which you will continue to be informed and updated.

May I urge all members who wish to participate with new ideas to come forward and connect and interact with us.

I wish everyone good health & look forward for us to remain gainfully connected.



Dr Manish Bajjal

Hony Secretary – HSI



Message

Dear Friends,

At the outset I sincerely thank Nomination Board of Hernia Society of India for nominating me for the prestigious post of President Elect. I really feel honoured and accept this responsibility. Having associated with HSI right from inception it was pleasure to observe the society growing and also learn all the developments in Hernia Surgery in academic activities of Society.

It is really nice to meet all the members regularly during these activities. I am really privileged to work under guidance of stalwarts in Hernia Surgery like Dr.H. G. Doctor and Dr. Pradeep Chowbey. Dr. M.G.Bhat, Dr. Rajesh Khullar, Dr. Anil Sharma, Dr. Manish Baijal, Dr. Randeep Wadhwa, Dr. Sandeep Dave, Dr. Ramesh Agarwalla & Dr. Deepraj Bhandarkar have been my source for inspiration and guidance whenever I organized HSI activity.

I assure, we shall have many more fruitful academic activities/fellowship in years to come.

I solicit cooperation, guidance from each one of you in coming years.

With regards!

Dr. Vijay Borgaonkar

President Elect

Hernia Society of India



Message

Dear Colleagues,

Greetings to all the members of Hernia Society of India!

The Asia Pacific Hernia Society (APHS) has been actively working to promote safe, effective and high quality hernia surgery in Asian subcontinent through its various programmes like Hernia Essentials. Since its inception in 2004, it comprises total of 1414 life member for 46 countries currently.

Hernia Society of India (HSI) is the largest national chapter affiliated to APHS and is very active in education and training in hernia surgery. As you all know, the whole world is going through the Covid pandemic. In spite of these difficult times, HSI has been conducting excellent teaching / training programme on various e-platform.

I wish to congratulate Dr. Deepraj Bhandarkar (President – HSI) and the entire Executive Committee members for this formidable task. APHS will continue its full support and collaboration in various activities of HSI to promote good practices in the field of Hernia.

Stay Safe, Stay Healthy!

Best wishes

Dr. Rajesh Khullar

President Elect – APHS



Message

HERNIA SOCIETY OF INDIA (H.S.I) is reaching new horizons year after year.

H.S.I. has been a witness to the inception, growth, recognition and success that Hernia surgery has achieved over all these years in our country.

The tremendous motivation, enthusiasm and perseverance of surgeons in their endeavour to expand their own frontiers of Endoscopic Hernia Surgery have been overwhelming. Due to the untiring efforts of all the expert surgeons Hernia Surgery has firmly established itself as a safe and feasible surgical speciality and has now taken firm roots in India. It is heartening to note that the surgical fraternity in India has kept pace and indeed taken a lead in several aspects to advance the frontiers of Endoscopic Hernia Surgery. This speaks volumes for the technical brilliance and innate adaptability of Indian surgeons and industry, which normally function under severe financial and resource constraints.

I am grateful to all our senior colleagues and mentors who have led the organization by example and have made H.S.I one of the leading organization of our country.

I wish H.S.I. all the luck for the upcoming scientific events.

With regards

Dr. Pradeep Chowbey

MS, MNAMS, FRCS (London), FIMSA, FAIS, FICS, FACS, FIAGES, FALS, FAMS
Padmashri Awarded by The President of India

Chairman - Max Institute of Laparoscopic, Endoscopic & Bariatric Surgery

Chairman - Surgery & Allied Surgical Specialities



Academic Activities in the year 2021

The Hernia Society of India has been very active in spite of the pandemic. The following programmes were conducted in the year 2021.

HSI Prime time

We started HSI Prime time this year. The stalwarts of Hernia surgery would talk about a topic of their choice and then have an informal chat with the host of the programme

Prime time on 9th January 2021

We started HSI prime time on 9th January 2021 on Docplexus and ZOOM. Moderator for this session was Dr Pallawi Priya. She welcomed everyone and started the session.

The **first Guest speaker** was **Dr Andrew de Beaux** from UK. He is Consultant General and Upper GI Surgeon and Honorary Clinical Senior Lecturer Upper G I Surgery, Royal Infirmary of Edinburgh.

The host for this show was **Dr Sunil Popat**, former Vice President of Hernia Society of India and currently President Elect of Indian Association of Gastrointestinal Endosurgeons. Dr Sunil Popat introduced Dr Andrew de Beaux to the delegates. Dr Andrew de Beaux spoke on **“Component separation of the 3rd kind”**. The talk was very well appreciated by the delegate's and there was a very good interactive session.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla.



Prime time on 16th January 2021

We had our 2nd Primetime on 16th January 2021 on Docplexus and ZOOM. Moderator for this session was Dr Pallawi Priya. She welcomed everyone and started the session.

The **2nd Guest speaker** was **Dr Reinhard Bittner**, FRCS, FICLS from Stuttgart, Germany. He is the President of German hernia Society. Since 2015 he serves as **Subject Editor of the Journal "Surgical Endoscopy" for the section "Hernia" and "HBP" surgery**. He is a pioneer of hernia surgery and published many articles and held many position in different organisations

The **host** for the show was **Dr Pradeep Chowbey**, Founder President of Asia Pacific hernia Society and former President and Trustee of Hernia Society of India.

Dr Satyapriya Desarkar, former Vice President of Hernia Society of India and currently treasurer of Indian Association of Gastrointestinal Endosurgeons introduced Dr R Bittner.

Dr R Bittner spoke on **"Hybrid or totally endoscopic techniques in repair of abdominal wall hernias"**. It was very interesting and informative talk. Dr Pradeep Chowbey together with other delegates interacted with him. Dr Pradeep Chowbey enlightened us about his long association with Dr R Bittner

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla



Prime time on 20th February, 2021

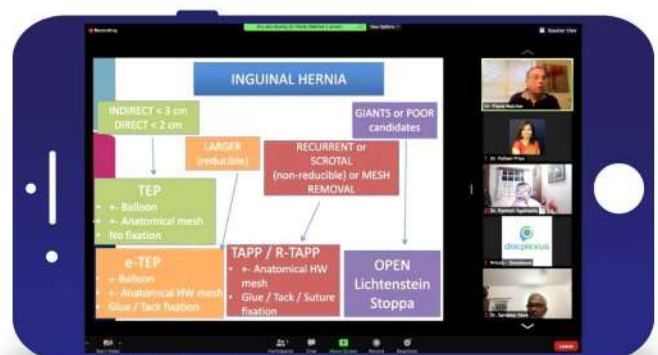
We had our 3rd Primetime on 20th February, 2021 on Docplexus and ZOOM. Moderator for this session was Dr Pallawi Priya. She welcomed everyone and started the session.

The **3rd Guest speaker** was **Dr Flavio Malcher, MD, MSc, FACS**. He is the *Director, Abdominal Wall Program, Assistant Professor* Department of Surgery **Montefiore Medical Centre**, The University Hospital for Albert Einstein College of Medicine, Jack D. Weiler Hospital, Bronx, New York

The **host** for the show was **Dr Sandeep Dave**, Immediate Past President and Trustee of Hernia Society of India.

Dr Flavio Malcher spoke on **"What I learned about inguinal hernia repair in last 20 years"**. He traced his journey of inguinal hernia repair over last 2 decades. There was very good interactive session with delegates.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla



Prime time on 20th March, 2021

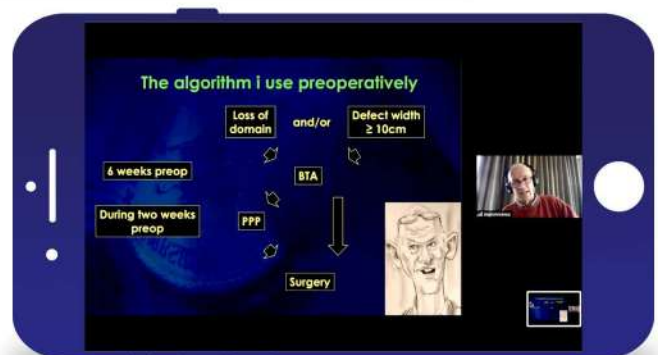
We had our 4th Primetime on 20th March, 2021 on Docplexus and ZOOM. Moderator for this session was Dr Ramesh Agarwalla. He welcomed everyone and started the session.

The 4th speaker was Dr Marc Joseph Miserez MD, PhD. He is the Full-time Head of Clinic in the Department of Abdominal Surgery University Hospital Leuven.

The host for the show was Dr Sreejoy Pattnaik, former EC member of Hernia Society of India.

Dr Marc spoke on "technical aspects of the TAR technique". He talked lucidly on how to deal with giant abdominal wall hernias and the TAR technique. There was very good interactive session with delegates.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla



Hernia training programme at Bombay Hospital, Indore on 20th March 2021

Programme Director –Dr Ashutosh Soni

There were six candidates

There were didactic lectures followed by Live Operative Workshop-TAPP, TEP for groin hernia and IPOM plus for ventral hernia



ASI Jharkhand Chapter Hernia conference endorsed by Hernia Society of India

Theme: “BENCHMARKING HERNIA CARE IN PRESENT ERA”

Date: 18th April 2021

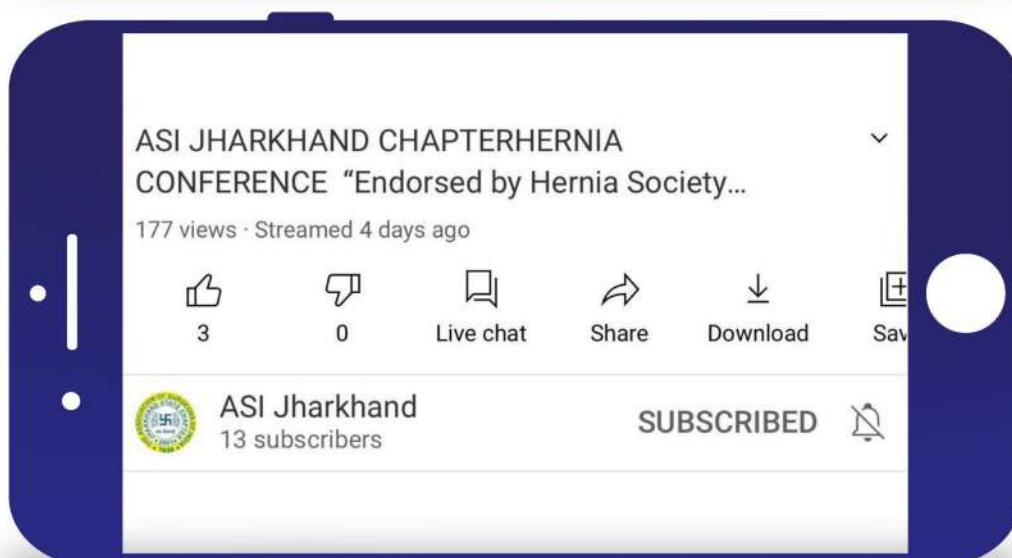
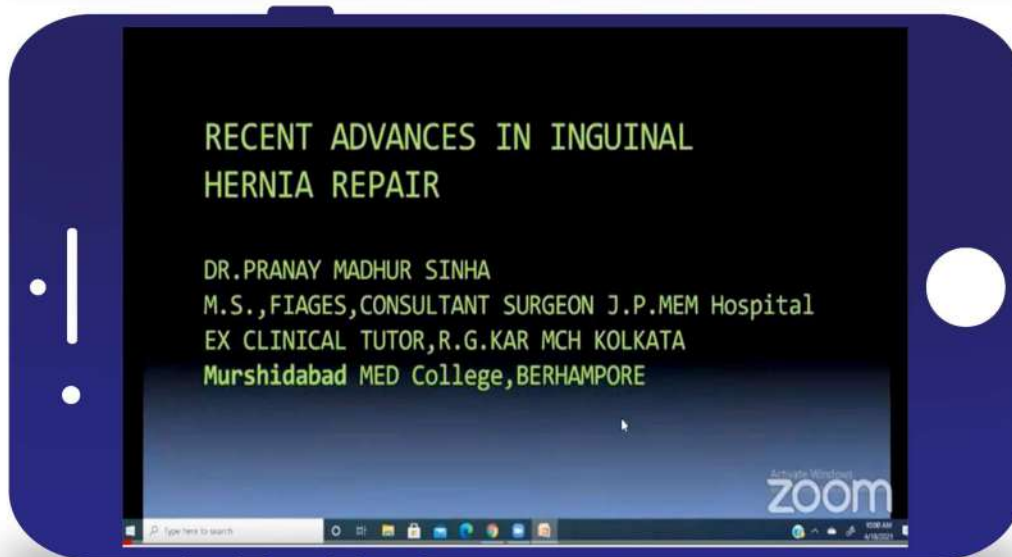
Venue: Zoom platform through www.asijharkhand.in

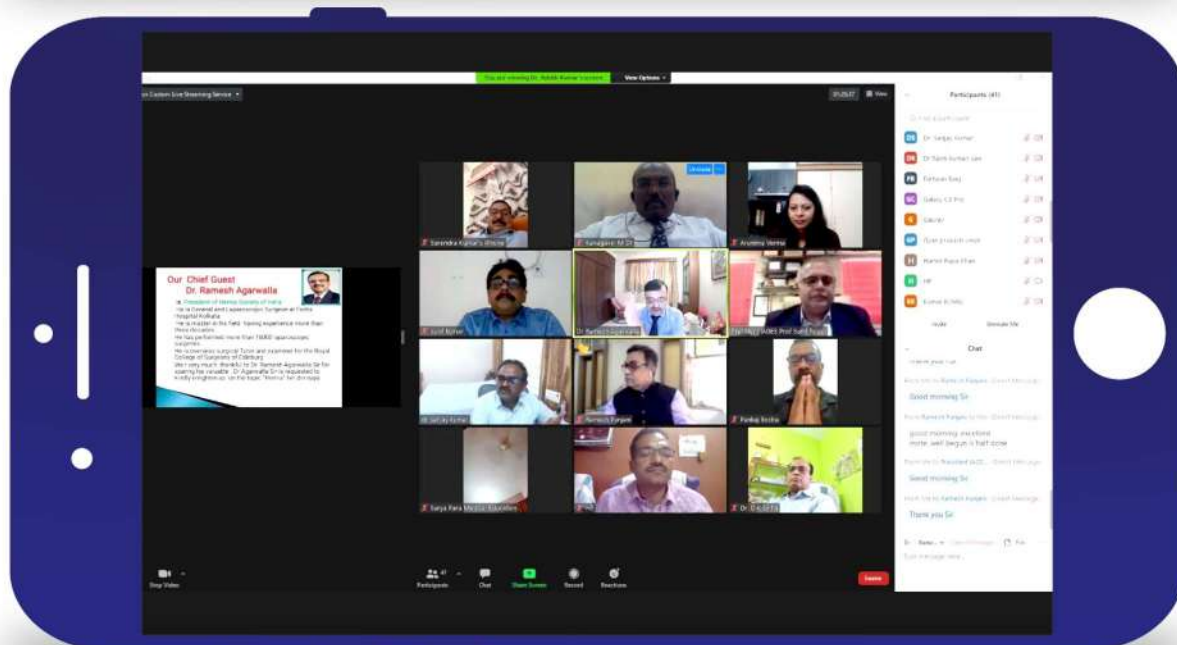
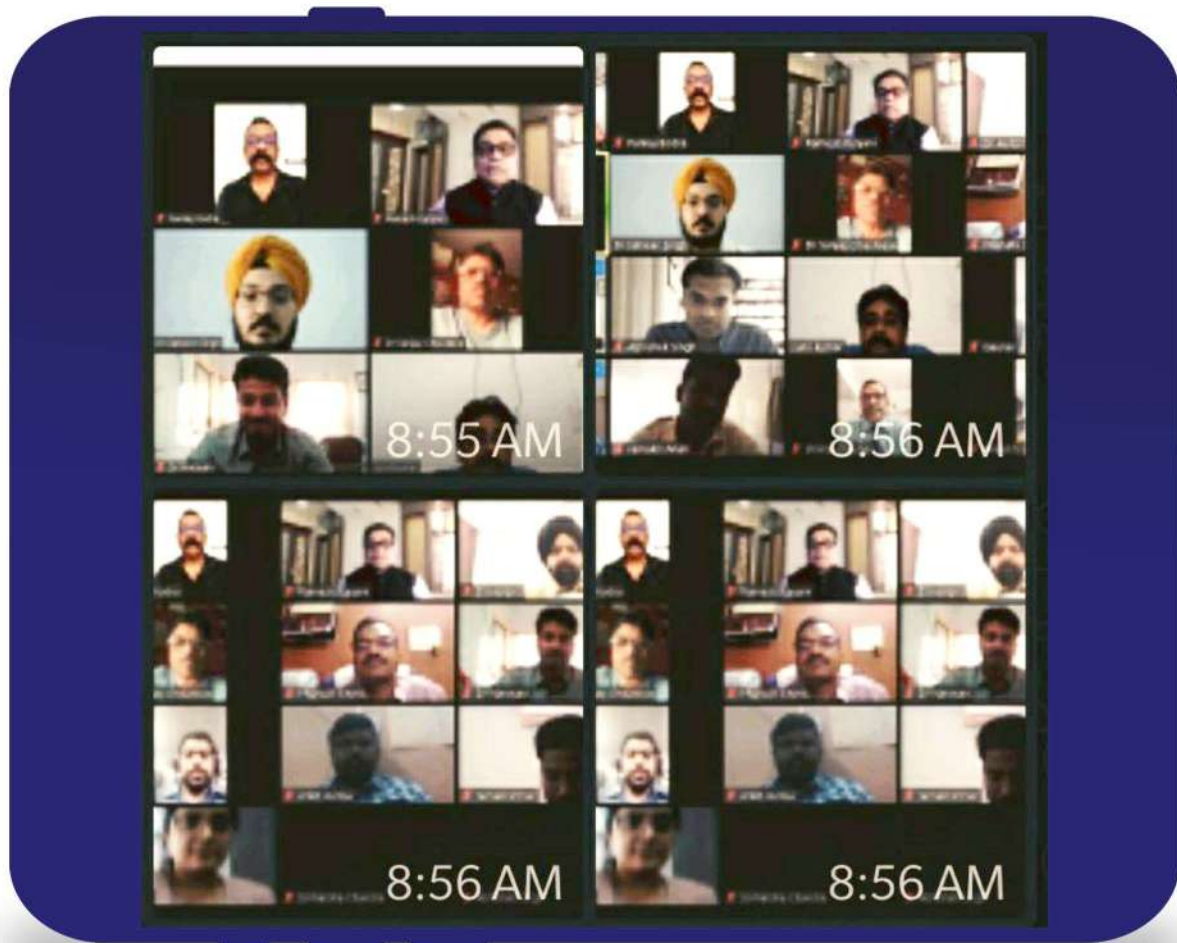
ASI Jharkhand Chapter organised a one-day event “ASI Jharkhand Chapter Hernia Conference Endorsed by Hernia Society of India” on the Theme – “Benchmarking Hernia Care in Present Era”. The program consisted of lectures on hernia care, panel discussion on “Benchmarking Hernia care”, video based Tips and tricks by stalwarts in hernia surgery and paper and e-poster presentations on hernia, by post-graduate students from all the institutions of Jharkhand, namely Ranchi Institute of Medical Sciences, Ranchi, Tata Motors Hospital, Jamshedpur, Tata Main Hospital, Jamshedpur and Bokaro General Hospital, Bokaro.

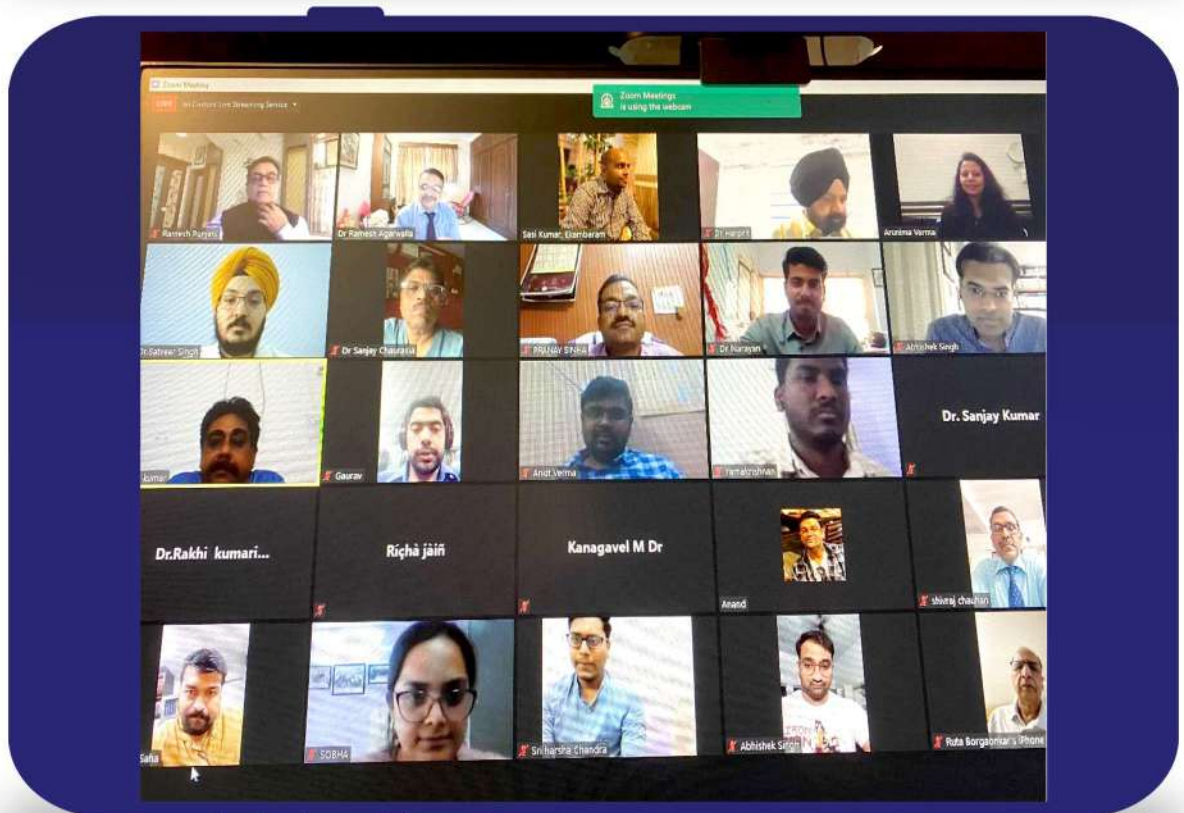
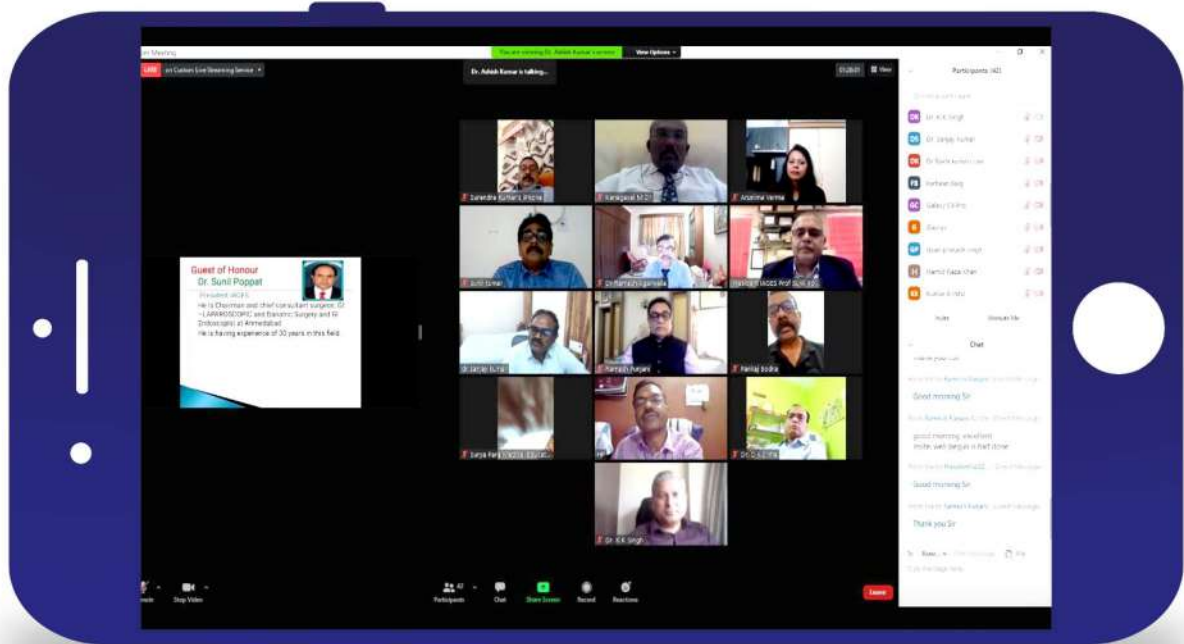
The event was inaugurated in the presence of eminent surgeons of Jharkhand. The Chief Guest was Dr Ramesh Agarwalla, President HSI, Guest of Honour was Dr Sunil Popat, President IAGES and other dignitaries were Dr Sunil Kumar, Chairman Organising Committee & GC member ASI, Dr Arunima Verma, Organising Secretary & Chairman ASI Jharkhand Chapter, Dr Sanjay Kumar, Secretary, ASI Jharkhand Chapter.

The national faculty who deliberated talks were Dr Ramesh Punjani, Mumbai, Dr Sarfaraz Baig, Vice President East HSI, Kolkata, Dr Ramesh Agarwalla, President HSI, Kolkata, Dr Sunil Popat, Ahmedabad, Dr Rajesh Khullar, Trustee HSI, New Delhi, Dr Kanagavel, Co-opted member HSI, Chennai. State faculty included Dr Sunil Kumar, Dr Arunima Verma, Dr Pranay Madhur Sinha and Dr Sanjay Kumar. Other eminent surgeons present were Dr P P Chawla, Dr Sheetal Malua, Dr Chauhan, Dr Pankaj Bodra, Dr Harprit Singh, Dr V S P Sinha from all over Jharkhand. There were nine PG Papers presented in the PG session.

Registration was free for the event. About 50 surgeons attended the conference on zoom platform and another 60 viewed it on you tube channel of ASI Jharkhand Chapter where it was simultaneously telecast. The views in two weeks are more than 200. Five new HSI members were made during this event from Jharkhand. Certificates to registered delegates were given.







Groin Hernia 2.0: Everything you are not prepared for

We conducted online a webinar on “**Groin Hernia 2.0: Everything you are not prepared for**” on 18th August 2021 on Docplexus and ZOOM. The Host for this webinar was Dr. Pallawi Priya. Dr Ramesh Agarwalla, President HSI welcomed all and requested Dr Pallawi Priya to conduct the session.

The speakers were Dr Ashwin Thangavelu, Dr Aditi Agrawal and Dr Vishal Soni. Dr Vishal Soni was held up in an emergency case and Dr Ramesh Agarwalla filled in.

Dr Ashwin Thangavelu showed a case of undescended testis with indirect hernia on the same side. He did TAPP with orchidopexy. Dr Aditi Agrawal discussed few cases of Mullerian duct syndrome during inguinal hernia repair. Dr Ramesh Agarwalla showed video of some complications during groin hernia surgery namely, inferior epigastric bleeding, bleeding from external iliac vein, bladder injury and Post TEP Intestinal Obstruction.

There was good discussion with the faculties and delegates.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla.



Hernia training course at Bellevue on 20th,21st August 2021

Hernia training course was done on 20th and 21st August 2021 at Bellevue Clinic Kolkata by Dr Sarfaraz Baig and Dr Pallawi Priya

Video Based Panel discussions on IPOM related complications on 21st August 2021

We conducted a Webinar on “Video Based Panel discussions on IPOM related complications” on 21st August 2021 from 5pm to 7 pm on Docplexus and ZOOM. The Host for this webinar was Dr Tarun Mittal. Dr Ramesh Agarwalla, President HSI welcomed all and requested Dr Tarun Mittal to conduct the session

The panellists were Dr. Ajay Kriplani, (Director & HOD, GI, MAS & Bariatric, Fortis, Guru gram), Dr. Jignesh Gandhi, (Consultant Surgeon, Fortis Hospital, Mumbai), Dr. Mukund Khetan, (Consultant Surgeon, Bariatric & MAS, SGRH, New Delhi), Dr. Pawanindra Lal, (Exec. Director, NBE & Dir Prof Surgery, MAMC) and Dr. Sarfaraz Baig, (Director, Surgical GI, Hernia & GI Oncosurgery, Belle Vue, Kolkata), Dr Ashish Dey, and Dr Anmol Ahuja

Dr Ajay Kriplani, Dr Mukund Khetan, Dr Pawanindra Lal, , Dr Mukund Khaitan, Dr Jignesh Gandhi and Dr Sarfaraz Baig

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla



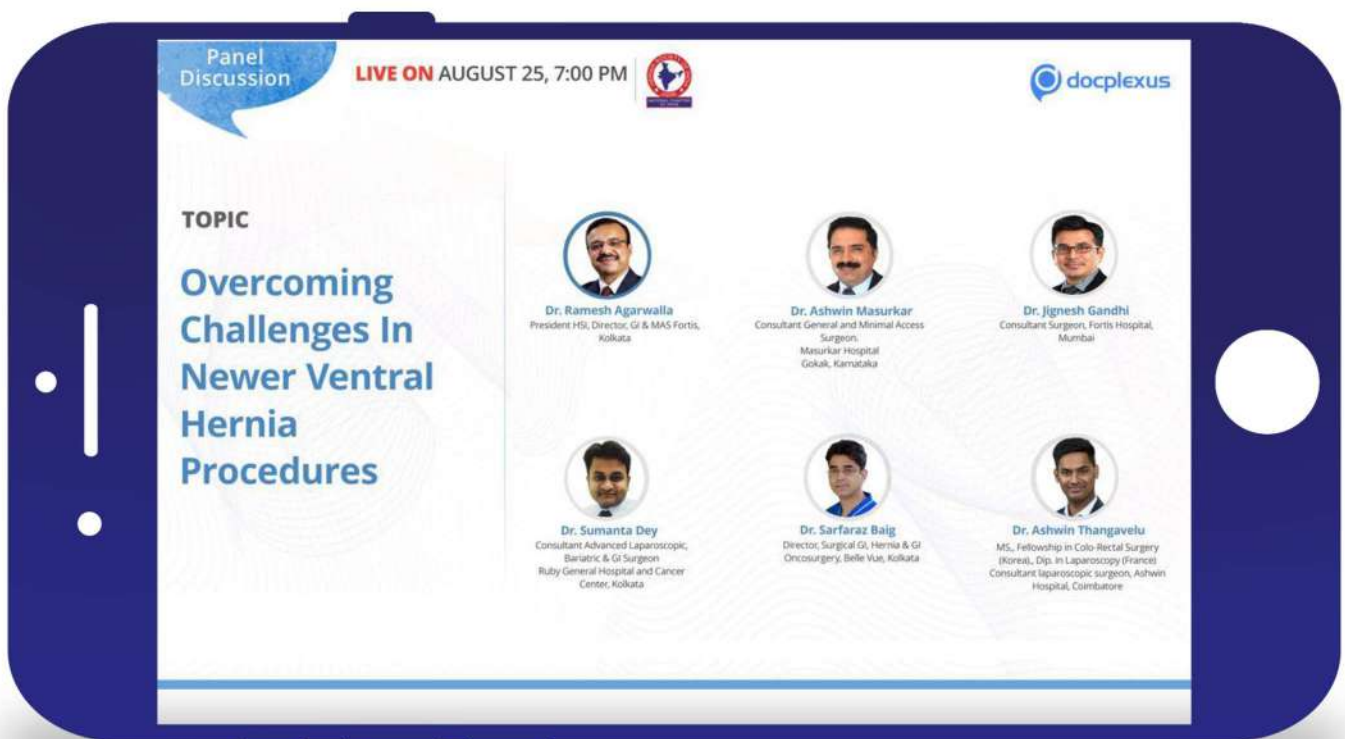
Overcoming Challenges in Newer Ventral Hernia procedures on 25th August 2021

We conducted a webinar on “Overcoming Challenges in Newer Ventral Hernia procedures on 25th August 2021 from 7pm to 8 pm on Docplexus and ZOOM. The Host for this webinar was Dr Ashwin Thangavelu. Dr Ramesh Agarwalla, President HSI welcomed all and requested Dr Ashwin Thangavelu to conduct the session

Dr Sumanta Dey spoke on TAPP, Dr Jignesh Gandhi on Scola, Dr Ashwin Masurkar on TARM and Dr Sarfaraz Baig on ETEP RS

There was a very good interaction with the delegates.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla



There was a very good interaction with the delegates.

20

Decision making in Hernia Hiatal Surgery” on 11th September, 2021

We conducted a webinar on **“Decision making in Hiatal Hernia Surgery” on 11th September 2021** from 5pm to 6.30 pm on Lap Guru and ZOOM. The host for this webinar was Dr Deepraj Bhandarkar Dr Ramesh Agarwalla, President HSI welcomed all and requested Dr Ashwin Dr Manish Baijal to conduct the session Dr Vandana Soni spoke on” Do all Hiatal hernias require surgery? Case selection for optimal outcome”. Dr Pawanindra Lal spoke on “Routine versus selective versus non division of short gastric vessels during fundoplication – is there a difference? Dr Roy Patankar spoke on “Reoperative Hiatal Hernia surgery-When, why and how? There was panel discussion “Challenging situations” Panellists were Dr Vijay Borgaonkar, Dr Kalpesh Jani, Dr Sumeet Shah. There was a very good interaction with the delegates.

The meeting concluded with a vote of thanks by the President of hernia Society of India Dr Ramesh Agarwalla.

HERNIA SOCIETY OF INDIA & MEDTRONIC

PRESENT A SERIES OF 3 WEBINARS ON DECISION MAKING IN HERNIA SURGERY

DECISION MAKING IN HIATAL HERNIA SURGERY

Sept. 11th 2021

**5:00 pm
to
6:30 pm**

zoom

Meeting ID: 881 088 5418
Passcode: 889999

CLICK FOR REGISTRATION

Moderator

Dr. Deepraj Bhandarkar
Consultant
General Access Surgery
Pillay Hospital, Mumbai

President - HSI

Dr. Ramesh Agarwal
Director
Pillay Hospital & Research Centre, Kolkata
Pillay Hospital & Research Institute, Kolkata
General Surgery

Speakers

Dr. Vandana Soni
Director
Pillay Hospital of Thermal Access
Pillay & Soni's Surgery

Dr. Pawanindra Lal
Director - Professor of Surgery
National Board of Examinations
in Medical Sciences

Dr. Roy Patankar
Director
Pillay Hospital & Research Centre
Zee World Super Specialty Hospital
Chennai

Panelists

Dr. Vijay Borgeonkar
Head, Department of
Surgery (Pillay)
Sri Ram Hospital (Pillay)
Bhopal

Dr. Kalpesh Jani
M.S., D.S., D.M., M.M.S.
FACS, FACS (IB)
General & Laparoscopic Surgeon
Vignesh Hospital, Vadodra

Dr. Sumeet Shah
Director & Head
Hernia & Bariatric Surgery

AGENDA

Dr. Vandana Soni (15 minutes + 5 minutes Q & A)
Do all hiatal hernias require surgery? Case selection for optimal outcome

Dr. Pawanindra Lal (15 minutes + 5 minutes Q & A)
Routine versus selective versus non-division of short gastric vessels during fundoplication - is there a difference?

Dr. Roy Patankar (15 minutes + 5 minutes Q & A)
Reoperative hiatal hernia surgery - when, why and how?

Panel Discussion - Challenging Scenarios
Moderator: Dr. Deepraj Bhandarkar

**Panelists : Dr. Vijay Borgeonkar, Dr. Kalpesh Jani
Dr. Sumeet Shah**

Sonicision™
Controlled Electrosurgical Dissection System

CLICK HERE FOR DETAILS

CLICK HERE FOR DETAILS

**DEXTEL™
ANATOMICAL MESH**

Disclosures:

This is an educational online training and education event. We have been personally selected to attend the event, and we request you do not forward the invitation to others. The event may be hosted on a platform and may include information on products and therapies and their safe and effective use which might not be approved by your country. The use of any specific product is left for your country for indication and education for use prior to use of the product. No payment record, take a screenshot, nor forward to others a content provided during the event. To ensure that confidential patient information is not shared, you should not share the event content with anyone. We request you to not forward the invitation to others. All Medtronic, we are dedicated to protecting your privacy and safeguarding your personal data. We will not collect any personal data without your consent of this event, either through your name, email address, or any other information, your name, and the email address you provided when you registered for the event. We will only use that information for proper management of this event and for compliance monitoring.

© 2021 Medtronic

In association with Medtronic

Medtronic

Further. Together

“Decision making in Ventral Hernia Surgery” on 17th September, 2021

We conducted a webinar on “Decision making in Ventral Hernia Surgery” on 19th September 2021 from 5pm to 6.30 pm on Lap Guru and ZOOM. The host for this webinar was Dr Randeep Wadhawan. Dr Ramesh Agarwalla, President HSI welcomed all and requested Dr Ashwin Dr Manish Baijal to conduct the session. Dr Anil Sharma spoke on “eTEP repairs – A critical Appraisal”. Dr Sarfaraz Baig spoke on “Ventral Hernia repair- Failing to Plan is planning to fail”. Dr Ramesh Agarwalla spoke on “Preventing Complications in Ventral Hernia Repair-Success in Safety”

There was a panel discussion “Difficult situation: Case Scenarios – “Plan the work, Work the plan “The panellists were Dr Ajay Kriplani, Dr Pankaj Khandelwal and Dr Rahul Mahadhar

HERNIA SOCIETY OF INDIA & MEDTRONIC PRESENT THE THIRD SEPTEMBER WEBINAR ON DECISION MAKING IN HERNIA SURGERY

DECISION MAKING IN VENTRAL HERNIA SURGERY

Sept. 17th 2021

5:00 pm
to
6:30 pm

zoom

Meeting ID: 883 0831 3232
Passcode: lapguru

[CLICK FOR REGISTRATION](#)

Moderator

Dr. Randeep Wadhawan
Head of Department
General Surgery, Research &
GI Surgery, Memorial Hospital,
Durgam, New Delhi

Dr. Ramesh Agarwalla
President
Fortis Hospital Anandapur, Kolkata
Fortis Hospital & Kidney Institute, Kolkata
General Surgery

Speakers

Dr. Anil Sharma
Head of Department
General & Laparoscopic Surgery

Dr. Sarfaraz Baig
Director
General Surgery, Clinic,
Belle Vue Clinic, Kolkata
Surgical Gastroenterologist
Specialized in Laparoscopic
Hernias and GI Surgery

Dr. Ramesh Agarwalla
President
Fortis Hospital Anandapur, Kolkata
Fortis Hospital & Kidney Institute, Kolkata
General Surgery

Panelists

Dr. Ajay Kriplani
Director
General Surgery
Fortis Memorial Research
Institute, Gurgaon

Dr. Pankaj Khandelwal
Director
S-India Laparoscopic Hospital

Dr. Rahul Mahadhar
Laparoscopic Gastrointestinal
GI Surgery
Reconstructive Hospital

AGENDA

Dr. Anil Sharma (15 minutes + 5 minutes)
eTEP Repairs - "A Critical Appraisal"

Dr. Sarfaraz Baig (15 minutes + 5 minutes)
Ventral Hernia Repair - "Failing to Plan is Planning to Fail"

Dr. Ramesh Agarwalla (15 minutes + 5 minutes)
Preventing Complications in Ventral Hernia Repair -
"Success in Safety"

Difficult Situations: Case Scenarios - "Plan the Work, Work the Plan".
Moderator: Dr. Randeep Wadhawan

**Panelists : Dr. Ajay Kriplani, Dr. Pankaj Khandelwal
Dr. Rahul Mahadhar**

Sonicision™
Control Any Pathway with Precision. Dissection Systems

[CLICK HERE FOR DETAILS](#)

**DEXILE™
ANATOMICAL MESH**

[CLICK HERE FOR DETAILS](#)

Disclosures:
This is an international online training and education event. You have been personally selected to attend the event and we request you do not forward the invitation to others. The event may be hosted off-site and may include information on products and strategies and their safety and effectiveness which might not be approved in your country. Please review applicable product labeling for your country for indications and instructions for use prior to use of the product. You may not record, take screenshots, or forward to others content provided during the event. To ensure that confidential patient information is not shared, you should only join the event where contact cannot be viewed and/or overheard by others. At Medtronic, we are dedicated to protecting your privacy and safeguarding your personal data. We will not collect any personal data about you in the context of this event, other than your name, the institution to which you are affiliated, your role, and the email address you provided when you registered for the event. We will only use that information for proper management of this event and for compliance monitoring.
© 2021 Medtronic

In association with Medtronic

Medtronic
Further. Together.

15th Annual Conference of Hernia Society of India at Aurangabad on 12th and 13th November 2021

15th Annual Conference of Hernia Society of India was held at Aurangabad on 12th and 13th November 2021. Conference was hosted by Aurangabad Surgical Society, Krupamayi Hospitals and Seth Nandlal Dhoot Hospital. Venue of Conference was Hotel Rama International. COVID Protocol was followed.

On 11th November Executive Committee Meeting has held, presided by Dr. Deepraj Bhandarkar, was well attended by E.C. Members and followed by fellowship and dinner.

12th November 2021 conference was inaugurated digitally at the hands of Founder Trustee of Hernia Society of India Dr. Pradeep Chowbey. Presidential address for year 2020-2021 was delivered by Dr. Ramesh Agarwalla. Dr. Ramesh Agarwalla was felicitated at the hands of Dr. Pradeep Chowbey and conferred citation.

This was followed by prestigious H G Doctor Oration. This was delivered by Prof. M.C. Mishra, former Director of AIIMS Delhi.

Rest of the day was full with scientific sessions, didactic lectures, symposia, panel discussion till late evening.

This was followed by General Body Meeting and then Banquet.

Next day 13th November Live Operative Workshop was conducted. Operations were performed at state Art operation Theatre Complex at Krupamayi Hospital relayed to venue and also on virtual platform.

Six operative procedures were performed TEP by Dr. Manish Baijal, TAPP by Dr. Ashwin Masurkar, eTEP by Dr. Sarfaraz Baig, IPOM+ by Dr. Ramesh Agarwala, Hiatus Hernia by Dr. Randeep Wadhawan and AWR Retro rectus meshplasty by Dr. Vijay Borgaonkar.

In the afternoon there was symposium on hiatus hernia and free paper session.

There was very good response for free paper/video session.

There were 14 free paper presentation, 7 video presentation for best video prize session. New Session in free presentation from delegates was added this year. It was "I have story to share" and there were 4 participants in this sessions.

First prize for best video was awarded to Dr. Adesh Solanki.

Second Prize awarded to Dr. Pinak Dasgupta.

There was good physical attendee for the conference. 35 faculties attended and participated, 250 registrations and nearly 350 virtual registrations. The event was relayed on Facebook/lap Guru.











Planned activities 2021- 2023

Mid-term conference 2022 in Kolkata in March 2022 - Dr Sarfaraz Baig. Theme “By the young, of the young, for everyone”

Annual conference HSICON 2022 at Jaipur by Dr Jitendra Chawla

Scientific activities to be conducted over the next two years already initiated and proposed Dr Bhandarkar appraised the EC of the various activities.

The one initiated included

1. Updating the educational resources section on the website (lead Drs Yusuf Afaque and Mandar Gadgil, Pallawi Priya and Ashwin Thangavelu),
2. HSI Facebook page / social media outreach (Lead: Drs Sumeet Shah / Avinash Katara / Atul Agarwal)
3. Insight into innovations monthly lecture series (Lead: Lead: Drs Deepraj Bhandarkar / Randeep Wadhawan / Ashwin Masurkar).

The activities proposed were

1. What's in the case? (Lead: Drs Sarfaraz Baig / Vijay Mittal) with Drs Tarun Mittal, Ganesh Shenoy, Naveen Alexander, Pallawi Priya, Anmol Ahuja, Mandar Gadgil, Sumanta Dey, Vishal Soni, Elbert Khiangte, Harsh Sheth and Siddhartha Tamaskar)
2. Cadaveric workshops at SRMC (Lead: Drs Manish Baijal, Balaji Singh, Ashutosh Soni)
3. Liaising with international societies for doing regular online webinars / courses (Lead: Drs Rajesh Khullar / Anil Sharma)
4. One day events – operative workshops / single theme meetings (Lead: Drs Kalpesh Jani / M Ramesh / B D Pathak)
5. Liaison with Medical Colleges for on-site and online conferences / workshops (Lead: Drs Achal Gupta / Manash Ranjan Sahu / Harmeet Paul Singh)
6. Engaging with the insurance companies for rationalizing insurance packages for hernia surgeries (Lead: Drs M G Bhat / Sandeep Dave / Ramesh Agarwalla / Vijay Borgaonkar)



Achievements of HSI Members



Dr Rajesh Khullar

Elected as President Elect - Asia Pacific Hernia Society



Dr Manish Baijal

President elect: Asia pacific metabolic and bariatric surgery society
(APMBSS) 2021-2023

Guidelines for HSI Centre of Excellence

Hernia Society of India invites applications from centres which are a) doing high-volume work in the field of hernia surgery and b) already undertaking regular training courses in hernia surgery to apply to become an HSI Centre of Excellence. This endorsement is purely for the purposes of conducting training courses and is not to be taken as an endorsement for the standard of clinical care provided at the Centre in the field of hernia or other surgeries. Prerequisites In order to be considered an HSI Centre of Excellence the Hospital / Institution must fulfil the following criteria.

- ▶ The Centre applying for this (Medical College / Hospital / Nursing home) should have minimum 50 beds. • The Courses must be directed by a Surgeon who holds MS or DNB in General surgery and is a member of HSI.
- ▶ The Centre must offer both open and laparoscopic surgery for a variety of hernias and the results must be carefully audited and preferably published in peer reviewed journals.
- ▶ Two or more training courses must have been held in the Centre each year for the past three years and at least one of them should have been in the field of hernia surgery.
- ▶ The Centre must have adequate infrastructure in terms of theatres, laparoscopic equipment, HD endocamera, energy sources etc. They should follow autoclaving, ETD or plasma sterilization for all the laparoscopic equipment used for hernia surgery.
- ▶ The Centre must be equipped with adequate facilities for lectures and must have a dry laboratory with endotainers for hands on practice. Virtual reality simulators are optional.
- ▶ The Course Director and Faculty must have appropriate clinical expertise to educate the participants. If live surgery is to be performed and transmitted for the participants, the Faculty must have adequate experience in these procedures.
- ▶ The Course Curriculum must include (but need not be restricted to) the following: Patient selection, preoperative care, instrumentation, technical aspects of surgery, postoperative care, identification and management of complications, follow up and tracking of clinical outcomes.
- ▶ The HSI endorsement is valid only for three years and can be renewed at the end of that period by way of a fresh application. This endorsement is only for courses conducted in the field of Hernia and Abdominal Wall Surgery.
- ▶ The Institution organising the courses must apply for and grant the participants CME points from the State Medical Council.
- ▶ Course details, list of Faculty and participant feedback forms for each course must be submitted to the President and Hon. Secretary of HSI (by way of email) on an annual basis. If the review of these shows the courses to be below par and the deficiencies suggested are not corrected within stipulated time, the recognition of the Centre may be withdrawn.
- ▶ No application fee is required at present, but in future an yearly fee as decided by the Executive Committee of the HSI may be levied on the Centres.

Benefits to the Centre

- ▶ The Centre will be listed as a Centre of Excellence on the HSI website
- ▶ The courses offered at the Centre will be listed on the HSI website
- ▶ The Course Director may include the HSI endorsement on the course brochure or on the course material.
- ▶ The Centres and the courses will be promoted during the annual HSI meeting.

Application Process A formal letter of application along with the following details and photographs (JPEGs) to corroborate the available facilities should be emailed to President - HSI Dr Ramesh Agarwalla (lap.ramesh@gmail.com) and Hon. Secretary-HSI Manish Bajjal (mbajjal@yahoo.com). The HSI may designate an observer to visit the centre for inspection before awarding the HSI Centre of Excellence certificate. The travel expenses and local hospitality of the observer should be borne by the Centre.

Application for a Centre to be Recognised as a HSI Centre of Excellence

Information about the Centre

Name of centre : _____

Address : _____

No. of beds: _____ No. of operation theatres: _____

Laparoscopic equipment available (list company and number of sets)

■ **Endocamera:** _____

■ **Hand instruments:** _____

■ **Energy sources:** _____

• Electrocautery _____

• Ultrasonic shears _____

• Advanced bipolar _____

• Others _____

Method of sterilization used for various instruments

• Hand instruments: _____

• Telescopes: _____

• Camera: _____

Information about the Course Director

Name: _____ Designation: _____

Qualification/s (year): _____

Other faculty

Name: _____ Designation: _____

Qualification/s (year): _____

Name: _____ Designation: _____

Qualification/s (year): _____

Name: _____ Designation: _____

Qualification/s (year): _____

Name: _____ Designation: _____

Qualification/s (year): _____

Information related to case load

Name of centre: _____

Address: _____

No. of beds: _____ No. of operation theatres: _____

Laparoscopic equipment available (list company and number of sets)

Types	Year 1	Year 2	Year 3
Inguinal			
Femoral			
Ventral			
Incisional			
Others			
Outcome analysis			
Surgical site infection (%)			
Recurrence (%)			
Follow up > 1 year (%)			

Information related to teaching facilities (submit scanned photographs of each)

Classroom / auditorium (no of seats): _____ Audio-visual equipment: _____

Dry laboratory: _____ Endotrainers: _____ VR trainers: _____

Teleconferencing facilities: _____

Information related to previous courses

Course 1: _____

Dates: _____ No of participants _____

Course 2: _____

Dates: _____ No of participants _____

Course 3: _____

Dates: _____ No of participants _____

Brochures, course material distributed to participants and feedback forms for the past two courses.



Social Media Initiative of Hernia Society of India

The last few years have seen a virtual explosion in the social media. There is a completely new and paradigm shift in the way we share information and interact. This has been further accentuated in the last two years due to Covid pandemic, where conducting physical meetings became a challenge.

HSI has innovated and involved all by embracing the social media. Now our reach is far & wide – even outside the borders of our country. Some of the highlights of HSI social media initiatives are

1. **HSI Facebook Page** - The HSI Facebook page (<https://www.facebook.com/groups/herniasocietyofindia>) was created on September 16, 2018 with Dr Deepraj Bhandarkar, Dr Sumeet Shah, Dr Sarfaraz Baig and Dr Pallawi Priya as its administrators. We encourage Surgeons to share videos, lectures, clinical case discussions, articles and information about events. The HSI Facebook page is also a platform to live broadcast many of the scientific events that we are now conducting like “Whats in the Case” and “Insight into Innovation” series.

We now have a total of 3330 members (Surgeons) on HSI Facebook page. In last two months itself we received 678 membership requests out of which 632 were approved after screening. Between, Nov 29, 2021 – Jan 28, 2022, HSI Facebook Page logged in 2957 Active Members, a 22 % growth. There were 78 posts, 230 comments & 1153 reactions. The top countries where the members belong to, apart from India include Bangladesh, Pakistan, Nepal, UK, Egypt, Saudi Arabia & UAE. HSI Facebook Page has now become a very resourceful medium of communication and interaction.

2. **HSI Twitter Handle** – Twitter has become a huge medium not only for information exchange but also for all scientific organisations to have a presence. HSI first created the Twitter handle @HerniaIndia in 2018 before the Kolkata annual

conference. It started with some announcements of annual conference. However, in between for 2 yrs. the handle was not actively operated. Now the HSI is active on Twitter and regularly posts all information about HSI activities. We regularly interact with other Societies like the European & American Hernia Society. HSI handle follows some of its active members, related international scientific associations, journals etc. Its followership is growing and currently there are 120 followers of @HerniaIndia. The Twitter handle will help HSI to interact on a global platform and make its activities popular & known to a wide section of surgeons across the world. The Twitter handle is currently being managed by Dr Sumeet Shah.

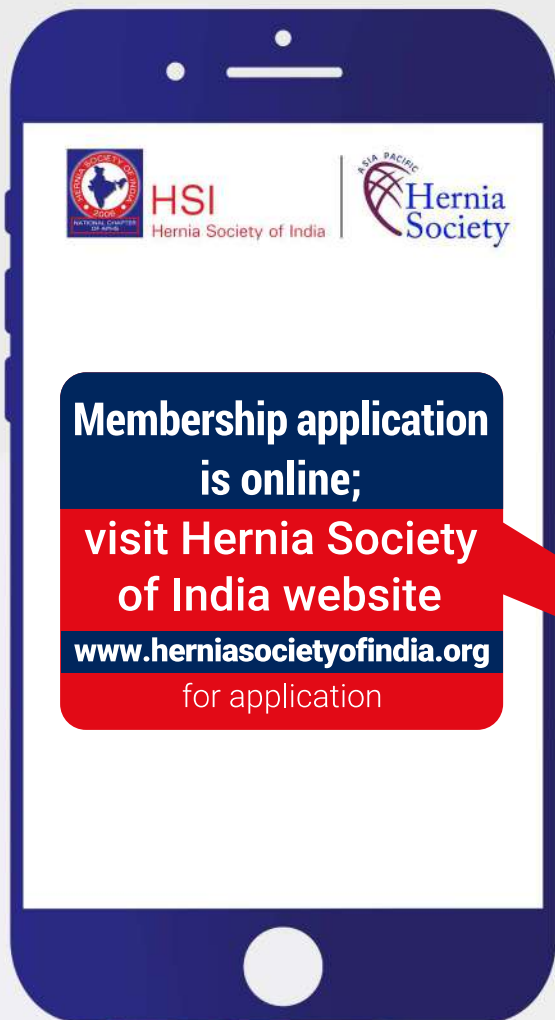
3. **HSI What'sApp Group** – It is an easy and simple platform for discussion and sharing cases, information, problem solving etc. The HSI What'sApp page by the name “What’s in the Case – HSI” was created by Dr Sarfaraz Baig on 16th November 2021. Within days the group admins were flooded with “requests to join” and it filled up the 256 slots available. The group is vibrant with Surgeon’s sharing interesting edited videos of hernia cases, asking for solutions & opinions, sharing information on events etc.
4. **HSI YouTube Channel** – The YouTube channel of Hernia Society of India (www.youtube.com/herniasocietyofindia). has 100 videos now. Lectures on various aspects of Hernia surgery are categorised in multiple playlists. The channel is free to subscribe and a humongous resource for anyone who would like to gain knowledge. All activities done in last two years are now recorded and available on our YouTube channel. There are nearly 5 new videos which get uploaded on YouTube channel every week. Today the HSI YouTube channel has more than 500 subscribers. Dr Vishal Soni, Dr Ashwin Thangavelu and Dr Pallawi Priya have been managing the HSI YouTube channel.
5. **Website** – All HSI related information and activities are neatly categorised in our website – www.herniasocietyofindia.org. The website has new features including a page which carries a compilation of hernia related, free full text guidelines, systematic reviews, meta-analyses etc. from the past 10 years. Another interesting new section on website has a compilation of some 160 articles related to open and minimally invasive hernia surgery authored by Indian Surgeons over the last 25 years. This list is dynamic and will be updated periodically. Dr Yusuf Afaque and Dr Mandar Gadgil were instrumental in helping put together this resource. Members can keep track of all HSI activities in one place by accessing the new “HSI Events Calendar” page on Website. The overall website management is under direct supervision of our President.

Dr Sumeet Shah, Vice President (North) heads the Social Media Team of Hernia Society of India





HSI
Hernia Society of India

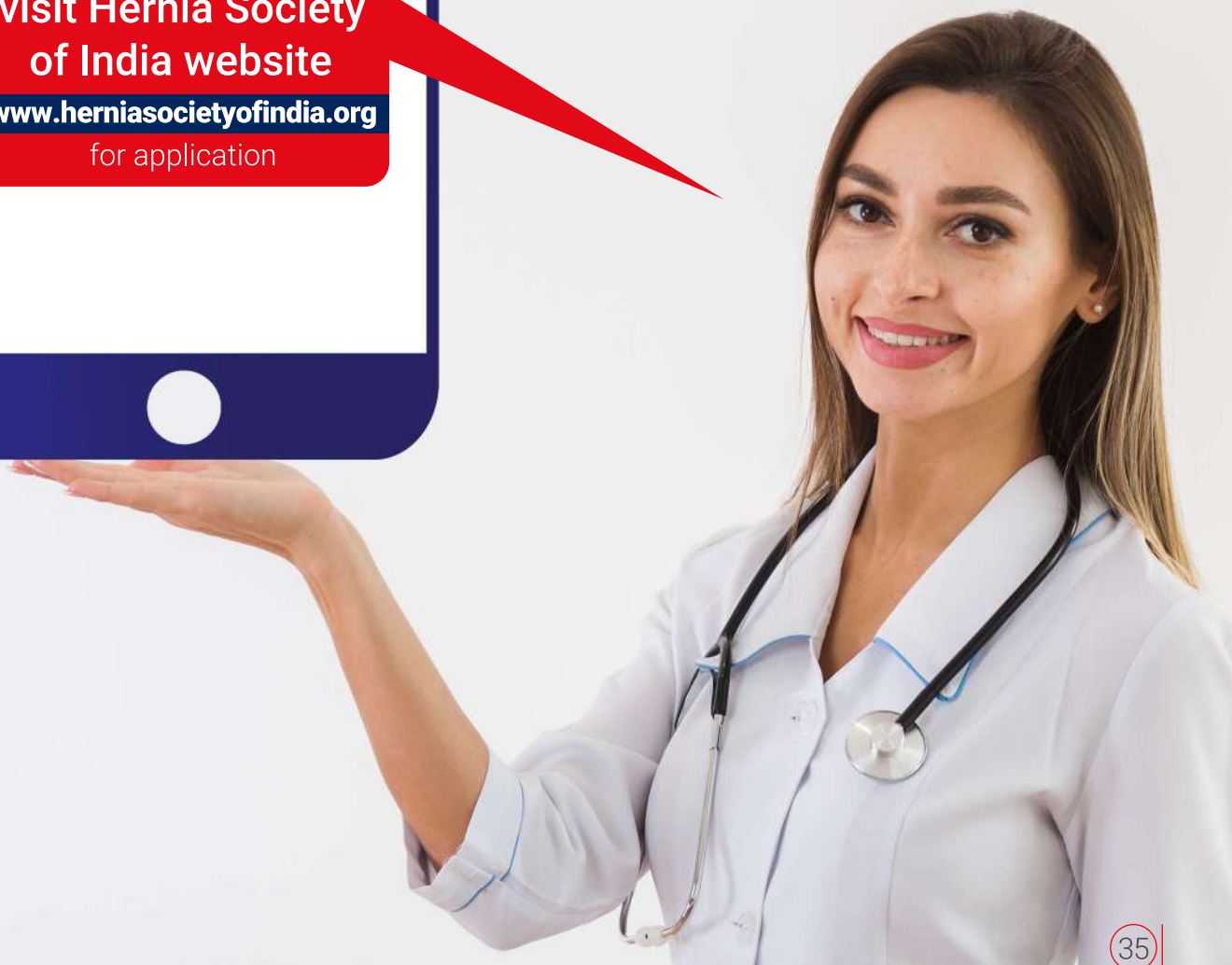


**Membership application
is online;**

**visit Hernia Society
of India website**

www.herniasocietyofindia.org

for application



Address of HSI secretariat

Dr. Manish Baijal

Hon. Secretary (HSI)

mbaijal@yahoo.com

Address for Correspondence

Director, Institute of Minimal Access,
Metabolic and Bariatric Surgery,
Max Super Speciality Hospital,
Saket, New Delhi

Email : mbaijal@yahoo.com

Mobile : 98102 72937 (Secretary)

YOUNG HsICON
1st - 2nd April 2022
ITC Sonar, Kolkata

**By the Young
Of the Young
For Everyone**

HIT REFRESH

Hernia Society

Contact No: +91 96740 80340 | Email: younghsicon2022@gmail.com
www.younghsicon2022.com

YOUNG HsICON
1st - 2nd April 2022

HEAR YE, HEAR YE

Surgeons of all ages and interests!
Hernia Society of India (HSI) is delighted to announce one-of-its-kind conference with a unique theme.

It's by the Young, it's of the Young, and it's for everyone !

The young talents in HSI will demonstrate their operative skills, in-depth knowledge and oratorical prowess during the two-day extravaganza on April 1-2, 2022, in Kolkata. We invite all fresh and spirited surgeons to attend / showcase their talent in the two-day conference in Kolkata on April 1-2, 2022.

We are calling it – YOUNG HsICON

This is not just an event. It's a reset and rebuild for the surgical academics! If you are a beginner, this is where you should be. Come, learn, and showcase! If you are a senior, this is where you should be. Rediscover yourself as a mentor!

UNBOX | UNLEARN | UNLEASH

At The Event Of The Year

YOUNG HsICON
1st - 2nd April 2022

ORGANIZING TEAM - YOUNG TURKS

Dr Anmol Ahuja	Dr Ashwin Dey	Dr Ashwin Thangavelu
Dr Ganesh Shenoy	Dr Harsh Sheth	Dr Mandar Gadgil
Dr Naveen Alexander	Dr Nidhi Khandelwal	Dr Pallawi Priya
Dr Shivanshu Mishra	Dr Sumanta Dey	Dr Tarun Mittal
Dr Vikas Singhal	Dr Vishal Soni	Dr Yusuf Ataque

YOUNG HsICON
1st - 2nd April 2022

ORACLES

Deepraj Bhandarkar	Manish Bajjal	Randeep Wadhawan
Ramesh Agarwalla	Sumeet Shah	Sarfaraz Baig

HSICON 2022

SAVE THE DATES

16th Annual Conference of
Hernia Society of India



HSICON 2022

1ST, 2ND & 3RD SEPTEMBER, 2022

Jaipur, Rajasthan (INDIA)

Organised by

Raj Hernia Society
Saket Hospital, Jaipur



Dr. Jitendra Chawla

Organizing Chairman, HSICON 2022 Jaipur

Executive Member, HSI (West Zone)

President, Raj Hernia Society

Mobile : 9829065573

E-mail : hsicon2022@gmail.com

